

**MISSISSIPPI DEPARTMENT OF MENTAL HEALTH  
BUREAU OF ALCOHOL AND DRUG ABUSE**

**FY 2011 STATE PLAN**

**Presented by:**

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**August 19, 2010**

**Approved by:**



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**Edwin C. LeGrand III  
Executive Director**

## FY 2011 ALCOHOL AND DRUG ABUSE STATE PLAN

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## **PURPOSE OF THE PLAN**

The purpose of the State Plan for Substance Abuse Services is:

- to describe the comprehensive, community-based service delivery system for individuals with substance abuse upon which program planning and development are based;
- to set forth annual goals/objectives to address identified needs;
- to assist the public in understanding efforts employed and planned by the Department of Mental Health to provide supports to Mississippi's citizens with substance abuse;
- to serve as a basis for utilization of federal, state and other available resources; and
- to provide through the establishment of an Alcohol and Drug Abuse Advisory Council, an avenue for individuals, family members and service providers to work together in identifying and planning an array of services and supports through the annual update of this Plan.

The State Plan's implementation time period is October 1, 2010 – September 30, 2011. Since the Plan is considered a working document, it is subject to continuous review and revision. The public is encouraged to review the Plan and submit comments by August 10, 2010.

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Comments regarding the FY 2011 State Plan submitted after August 10, 2010 will be considered in development of the FY 2012 State Plan.

## **BUREAU OF ALCOHOL AND DRUG ABUSE**

### **DMH MISSION STATEMENT**

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time. The Bureau of Alcohol and Drug Abuse is committed to this mission and maintains a statewide comprehensive system of substance abuse services of prevention, treatment and rehabilitation and promotes quality care, cost-effective services and ensures the health and welfare of individuals through the reduction of substance abuse.

### **DMH VISION STATEMENT**

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

A better tomorrow exists when...

- All Mississippians have equal access to quality mental health care, services and supports in their communities.
- People actively participate in designing services.
- The stigma surrounding mental illness, intellectual/developmental disabilities, substance abuse and dementia has disappeared.
- Research, outcomes measures and technology are routinely utilized to enhance prevention, care, services and supports.

In an effort to support this vision, the Bureau of Alcohol and Drug Abuse will promote the highest standards of practice and the continuing development of substance abuse programs.

## **Core Values and Guiding Principles of the Department of Mental Health**

**People:** We believe people are the focus of the public mental health system. We respect the dignity of each person and value their participation in the design, choice and provision of services to meet their unique needs.

**Community:** We believe the community-based service and support options should be available and easily accessible in the communities where people live. We believe that services and support options should be designed to meet the particular needs of the person.

**Commitment:** We believe in the people we serve, our vision and mission, our workforce, and the community-at-large. We are committed to assisting people in improving their mental health, quality of life, and their acceptance and participation in the community.

**Excellence:** We believe services and supports must be provided in an ethical manner, met established outcome measures, and be based on clinical research and best practices. We also emphasize the continued education and development of our workforce to provide the best care possible.

**Accountability:** We believe it is our responsibility to be good stewards in the efficient and effective use of all human, fiscal, and material resources. We are dedicated to the continuous evaluation and improvement of the public mental health system.

**Collaboration:** We believe that services and supports are the shared responsibility of state and local governments, communities, families, and service providers. Through open communication, we continuously build relationships.

**Integrity:** We believe the public mental health system should act in an ethical and trustworthy manner on a daily basis. We are responsible for providing services based on principles in legislation, safeguards, and professional codes of conduct.

**Awareness:** We believe awareness, education, prevention and early intervention strategies will minimize the behavioral health needs of Mississippians. We also encourage community education and awareness to promote an understanding and acceptance of people with behavioral health needs.

**Innovation:** We believe it is important to embrace new ideas and change in order to improve the public mental health system. We seek dynamic and innovative ways to provide evidence-based services/supports and strive to find creative solutions to inspire hope and help people obtain their goals.

**Respect:** We believe in respecting the culture and values of the people and families we serve. We emphasize and promote diversity in our ideas, our workforce, and the services/supports provided through the mental health system.

## **Philosophy of the Department of Mental Health**

The Department of Mental Health is committed to developing and maintaining a comprehensive, statewide system of prevention, service and support options for adults and children with mental illness or emotional disturbance, alcohol/drug problems, and/or intellectual or developmental disabilities, as well as adults with Alzheimer's disease and other dementia. The Department supports the philosophy of making available a comprehensive system of services and supports so that individuals and their families have access to the least restrictive and appropriate level of services and supports that will meet their needs. Our system is person-centered and is built on the strengths of individuals and their families while meeting their needs for special services. DMH strives to provide a network of services and supports for persons in need and the opportunity to access appropriate services according to their individual needs/strengths. DMH is committed to preventing or reducing the unnecessary use of inpatient or institutional services when individuals' needs can be met with less intensive or least restrictive levels of care as close to their homes and communities as possible. Underlying these efforts is the belief that all components of the system should be person-centered, community-based and outcomes and recovery-oriented.



## **Overview of the State Mental Health System**

### **The State Public Mental Health Service System**

The public mental health system in Mississippi is administered by the Mississippi Department of Mental Health (DMH), which was created in 1974 by an act of the Mississippi Legislature, Regular Session. The creation, organization, and duties of the DMH are defined in the annotated Mississippi Code of 1972 under Sections 41-4-1 through 41-4-23.

### **Organizational Structure of the Mississippi Department of Mental Health**

The structure of the DMH is composed of three interrelated components: the Board of Mental Health, the DMH Central Office, and DMH-operated Facilities and Community Services Programs.

**Board of Mental Health** - DMH is governed by the State Board of Mental Health, whose nine members are appointed by the Governor of Mississippi and confirmed by the State Senate. By statute, the Board is composed of a physician, a psychiatrist, a clinical psychologist, a social worker with experience in the field of mental health, and citizen representatives from each of Mississippi's five congressional districts (as existed in 1974). Members' seven-year terms are staggered to ensure continuity of quality care and professional oversight of services.

**DMH Central Office** – The Executive Director directs all administrative functions and implements policies established by the State Board of Mental Health. DMH has a state Central Office for administrative, monitoring and service areas. The Division of Legal Services, the Office of Constituency Services, the Director of Disaster Preparedness and Response and the Director of Public Information report directly to the Executive Director.

DMH has seven bureaus: the Bureau of Administration, the Bureau of Mental Health, the Bureau of Community Mental Health Services, the Bureau of Alcohol and Drug Abuse, the Bureau of Intellectual and Developmental Disabilities, the Bureau of Interdisciplinary Programs, and the Bureau of Workforce Development and Training.

**The Bureau of Administration** works in concert with the Bureau of Mental Health and the Bureau of Community Services to administer and support development and administration of mental health services in the state. The Bureau of Administration includes the following divisions: Division of Accounting, Division of Audit and Grants Management, and the Division of Information Systems.

**The Bureau of Community Mental Health Services** has the primary responsibility for the development and implementation of community-based services to meet the needs of adults with serious mental illness and children with serious emotional disturbance, as well as to assist with the care and treatment of persons with Alzheimer's disease/other dementia. The Bureau of Community Mental Health Services provides a variety of services through the following divisions: Division of Accreditation and Licensure, Division of Mental Health Community

Services, Division of Children and Youth Services, Division of Alzheimer's Disease and Other Dementia, Division of Planning, and the Division of Consumer and Family Affairs.

**The Bureau of Alcohol and Drug Abuse** is responsible for the administration of state and federal funds utilized in the prevention, treatment and rehabilitation of persons with substance abuse problems, including state Three-Percent Alcohol Tax funds for DMH. The overall goal of the state's substance abuse service system is to provide a continuum of community-based, accessible services, including prevention, outpatient, detoxification, community-based primary and transitional residential treatment, inpatient and aftercare services. The Bureau includes two divisions, the Division of Prevention Services and the Division of Treatment Services.

**The Bureau of Mental Health** oversees the six state psychiatric facilities, which include public inpatient services for individuals with mental illness and/or alcohol/drug abuse services as well as the Central Mississippi Residential Center.

**The Bureau of Intellectual and Developmental Disabilities** is responsible for planning, development and supervision of an array of services for individuals in the state with intellectual and developmental disabilities. This public service delivery system is comprised of five state-operated comprehensive regional centers for individuals with intellectual and developmental disabilities, one juvenile rehabilitation center for youth with intellectual and developmental disabilities whose behavior requires specialized treatment, regional community mental health centers, and other nonprofit community agencies/organizations that provide community services. The Bureau of IDD includes two divisions, the Division of Home and Community-Based (HCBS) ID/DD Waiver and the Division of Early Intervention Services.

**The Bureau of Interdisciplinary Programs** works with all other DMH programmatic bureaus, DMH facilities, DMH certified programs. The Bureau of Interdisciplinary Programs facilitates and coordinates the collection of information to develop reports, formulate policies, rules and regulations as necessary for the Board of Mental Health and Executive Director; develops strategies for project management and organization; and, completes special projects for the Board of Mental Health and DMH. The Bureau Director of Interdisciplinary Programs serves as the liaison to the Board of Mental Health and provides administrative leadership in the planning, directing and coordinating of the Board of Mental Health and DMH Strategic Plan.

**The Bureau of Workforce Development and Training** advises the Executive Director and State Board of Mental Health on the human resource and training needs of the agency, assists in educating the Legislature as to budget needs, oversees the leadership development program, and serves as liaison for DMH facilities to the State Personnel Board. This Bureau includes two divisions, the Division of Professional Development and the Division of Professional Licensure and Certification.

### **Functions of the Mississippi Department of Mental Health**

**State Level Administration of Community-Based Mental Health Services:** The major responsibilities of the state are to plan and develop community mental health services, to set minimum standards for the operation of those services it funds, and to monitor compliance with those minimum standards. Provision of community mental health services is accomplished by

contracting to support community services provided by regional commissions and/or by other community public or private nonprofit agencies.

**State Certification and Program Monitoring:** Through an ongoing certification and review process, DMH ensures implementation of services which meet established minimum standards.

**State Role in Funding Community-Based Services:** DMH's funding authority was established by the Mississippi Legislature in the Mississippi Code, 1972, Annotated, Section 41-45. Except for a 3% state tax set-aside for alcohol services, DMH is a general state tax fund agency.

Agencies or organizations submit to DMH for review proposals to address needs in their local communities. The decision-making process for selection of proposals to be funded are based on the applicant's fulfillment of the requirements set forth in the RFP, funds available for existing programs, funds available for new programs, and funding priorities set by state and/or federal funding sources or regulations and the State Board of Mental Health.

### **Service Delivery System**

The mental health service delivery system is comprised of three major components: state-operated facilities and community services programs, regional community mental health centers, and other non-profit/profit service agencies/organizations.

**State-operated facilities:** DMH administers and operates six state psychiatric facilities, five regional centers for people with IDD, and a juvenile rehabilitation facility. These facilities serve specified populations in designated counties/service areas of the State.

The psychiatric facilities provide inpatient services for people (adults and children) with SMI. These facilities include: Mississippi State Hospital, North Mississippi State Hospital, South Mississippi State Hospital, East Mississippi State Hospital, Specialized Treatment Facility and Central Mississippi Residential Center. Nursing facility services are also located on the grounds of Mississippi State Hospital and East Mississippi State Hospital.

The Regional Centers provide on-campus residential services for persons with intellectual and developmental disabilities. These facilities include Boswell Regional Center, Ellisville State School, Hudspeth Regional Center, North Mississippi Regional Center, and South Mississippi Regional Center.

The Mississippi Adolescent Center (MAC) in Brookhaven is a residential facility dedicated to providing adolescents with intellectual and developmental disabilities an individualized array of rehabilitation service options. MAC serves youth who have a diagnosis of intellectual and developmental disabilities and whose behavior makes it necessary for them to reside in a structured therapeutic environment. The Specialized Treatment Facility in Gulfport is a Psychiatric Residential Treatment Facility for adolescents with mental illness and a secondary need of substance abuse prevention/treatment.

**State-operated Community Service Programs:** All of the psychiatric hospitals and regional centers provide community services in all or part of their designated service areas. Community services include: residential, employment, in-home, and other supports to enable people to live in their community.

**Regional Community Mental Health Centers (CMHCs):** The CMHCs operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 CMHCs make available a range of community-based mental health, substance abuse, and in some regions, intellectual/developmental disabilities services. CMHC governing authorities are considered regional and not state-level entities. DMH is responsible for certifying, monitoring, and assisting the CMHCs. The CMHCs are the primary service providers with whom DMH contracts to provide community-based mental health and substance abuse services.

**Other Nonprofit/Profit Service Agencies/Organizations:** These agencies and organizations make up a smaller part of the service system. They are certified by DMH and may also receive funding to provide community-based services. Many of these nonprofit agencies may also receive additional funding from other sources. Services currently provided through these nonprofit agencies include community-based alcohol/drug abuse services, community services for persons with intellectual/ developmental disabilities, and community services for children with mental illness or emotional problems.

### **Available Services and Supports**

Both facility and community-based services and supports are available through DMH service system. The type of services provided depends on the location and provider.

#### **Facility Services**

The types of services offered through the regional psychiatric facilities vary according to location but include:

Acute Psychiatric Care	Nursing Home Services
Intermediate Psychiatric Care	Medical/Surgical Hospital Services
Continued Treatment Services	Forensic Services
Adolescent Services	Alcohol and Drug Services
Community Service Programs	

The types of services offered through the facilities for individuals with intellectual/developmental disabilities vary according to location but statewide include:

ICF/MR Residential Services	Special Education
Psychological Services	Recreation
Social Services	Speech/Occupational/Physical Therapies
Medical/Nursing Services	Vocational Training/Employment
Diagnostic and Evaluation Services	Community Services Programs

## **Community Services**

A variety of community services and supports are available. Services are provided to adults with mental illness, children and youth with serious emotional disturbance, children and adults with intellectual/developmental disabilities, people with substance abuse problems, and persons with Alzheimer's disease or other dementia.

### **Services for Adults with Mental Illness**

Psychosocial Rehabilitation  
Consultation and Education Services  
Crisis/Emergency Mental Health Services  
Inpatient Referral Services  
Pre-Evaluation Screening/Civil Commitment Exams  
Outpatient Therapy  
Case Management Services  
Day Support  
Mental Illness Management Services  
Individual Therapeutic Support  
Individual/Family Education and Support

Halfway House Services  
Group Home Services  
Acute Partial Hospitalization  
Elderly Psychosocial Rehabilitation  
Intensive Residential Treatment  
Supervised Housing  
Physician/Psychiatric Services  
SMI Homeless Services  
Drop-In Centers  
Crisis Stabilization Programs

### **Services for Children and Youth with Serious Emotional Disturbance**

Therapeutic Group Homes  
Therapeutic Foster Care  
Prevention/Early Intervention  
Crisis/Emergency Mental Health Services  
Mobile Crisis Response Services  
Intensive Crisis Intervention Services  
Case Management Services  
Family Education and Support

Day Treatment  
Outpatient Therapy  
Physician/Psychiatric Services  
MAP (Making A Plan) Teams  
School Based Services  
Mental Illness Management Services  
Individual Therapeutic Support  
Acute Partial Hospitalization

### **Services for People with Alzheimer's Disease and Other Dementia**

Adult Day Centers

Caregiver Training

### **Services for People with Intellectual/Developmental Disabilities**

Early Intervention  
Community Living Programs  
Work Activity Services  
Supported Employment Services  
Day Support

HCBS Attendant Care  
HCBS Behavioral Support/ Intervention  
HCBS Community Respite  
HCBS In-home Companion Respite  
Day Treatment

HCBS In-home Nursing Respite  
HCBS ICF/MR Respite  
HCBS Day Habilitation  
HCBS Prevocational Services  
HCBS Support Coordination  
HCBS Occupational, Physical, and  
Speech/Language Therapies

**Services for Substance Abuse**

Detoxification Services  
Primary Residential Services  
Transitional Residential Services  
Outreach/Aftercare Services  
Prevention Services  
Chemical Dependency Units  
Outpatient Services  
DUI Diagnostic Assessment

**MISSISSIPPI DEPARTMENT OF MENTAL HEALTH  
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<p>Region 2: Calhoun, DeSoto, Lafayette, Marshall, Panola, Tate, Yalobusha</p>	<p>Communicare Michael D. Roberts, Ph.D., Executive Director 152 Highway 7 South Oxford, MS 38655 (662) 234-7521</p>
<p>Region 3: Benton, Chickasaw, Itawamba, Lee, Monroe, Pontotoc, Union</p>	<p>Region III Mental Health Center Robert J. Smith Executive Director 2434 South Eason Boulevard Tupelo, MS 38801 (662) 844-1717</p>
<p>Region 4: Alcorn, Prentiss, Tippah, Tishomingo</p>	<p>Timber Hills Mental Health Services Charlie D. Spearman, Sr., Executive Director 303 N. Madison Street P. O. Box 839 Corinth, MS 38835-0839 (662) 286-9883</p>
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<p>Region 6: Attala, Carroll, Grenada, Holmes, Humphreys, Leflore, Montgomery, Sunflower</p>	<p>Life Help Madolyn Smith, Executive Director Old Browning Road P. O. Box 1505 Greenwood, MS 38935-1505 (662) 453-6211</p>

<p>Region 7: Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, Winston</p>	<p>Community Counseling Services Jackie Edwards, Executive Director 302 North Jackson Street P. O. Box 1188 Starkville, MS 39760-1188 (662) 323-9261</p>
<p>Region 8: Copiah, Madison, Rankin, Simpson</p>	<p>Region 8 Mental Health Services Dave Van, Executive Director 613 Marquette Road P. O. Box 88 Brandon, MS 39043 (601) 825-8800 (Service); (601) 824-0342 (Admin.)</p>
<p>Region 9: Hinds</p>	<p>Jackson Mental Health Center Margaret L. Harris, Director 3450 Highway 80 West P.O. Box 7777 Jackson, MS 39284 (601) 321-2400</p>
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<p>Region 13: Hancock, Harrison, Pearl River, Stone</p>	<p>Gulf Coast Mental Health Center Jeffrey L. Bennett, Executive Director 1600 Broad Avenue Gulfport, MS 39501-3603 (228) 863-1132</p>
<p>Region 14: George, Jackson</p>	<p>Singing River Services Sherman Blackwell, II, Executive Director 3407 Shamrock Court Gautier, MS 39553 (228) 497-0690</p>
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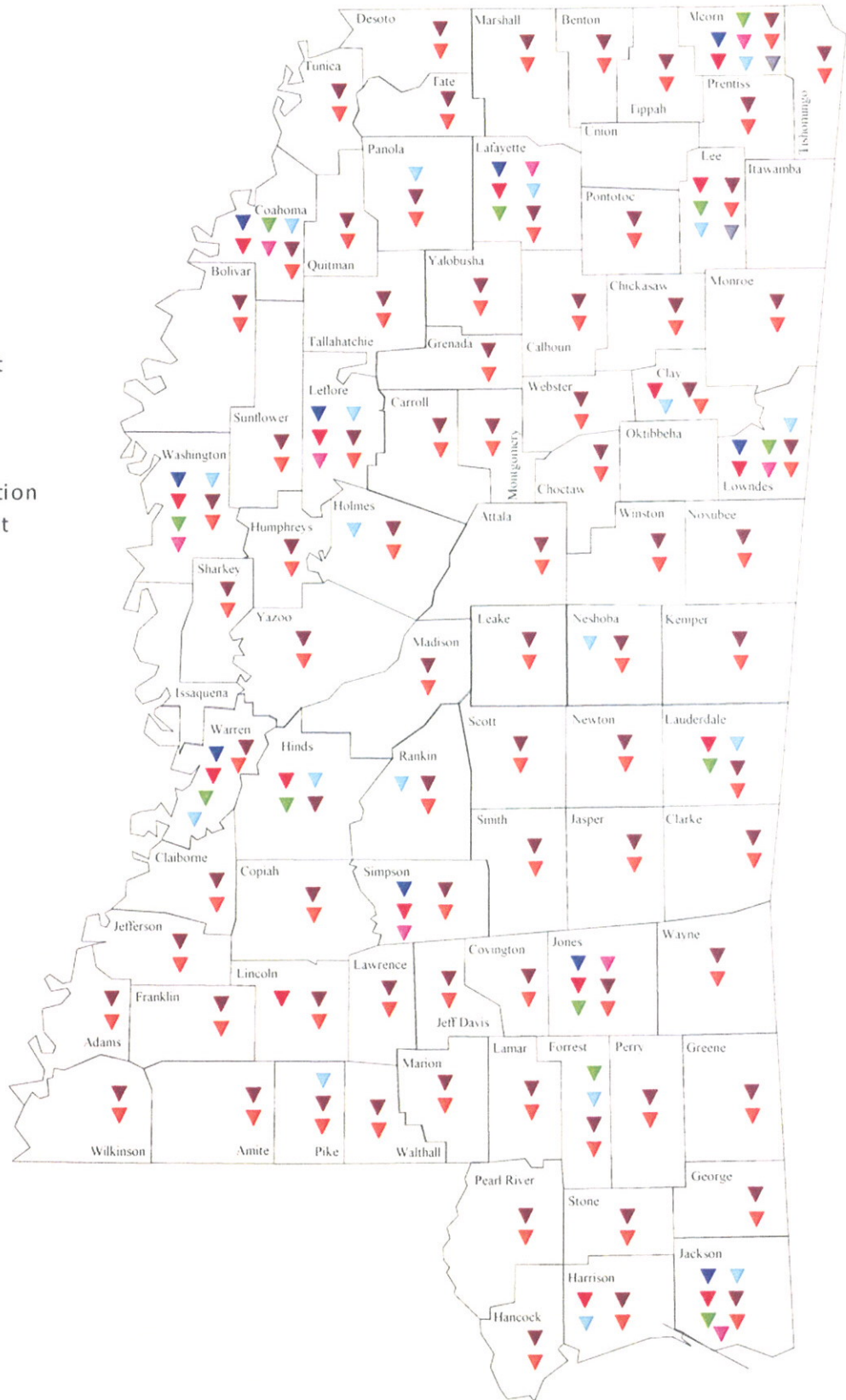
# Community Mental Health/Mental Retardation Center Service Areas



# ALCOHOL & DRUG ABUSE SERVICES

## ALCOHOL & DRUG SERVICES

- ▼ Detoxification
- ▼ Primary Residential
- ▼ Transitional Residential
- ▼ Outreach/Aftercare
- ▼ Prevention
  - Prevention Services
  - SPF-SIG
- ▼ Chemical Dependency Unit
- ▼ Outpatient
  - Day Treatment
  - Intensive Outpatient
  - Outpatient Opioid Addiction
- ▼ DUI Diagnostic Assessment



**FY 2011 Community-Based Residential Substance Abuse Programs**

<b>Location</b>	<b>Program</b>	<b>Agency</b>	<b>Beds</b>
Clarksdale	Fairland Center	Region 1 Community Mental Health Center	48
Oxford	The Haven House	Communicare	32
Tupelo	Region III Chemical Dependency Program	Region III Mental Health Center	26
Corinth	Timber Hills Haven House	Timber Hills Mental Health Services	24
Greenville	Gloria Darden Center	Delta Community Mental Health Services	18
Greenwood	Denton House	Life Help	32
Columbus	Cady Hill & The Pines	Community Counseling Services	26
Jackson	Harbor House	Harbor House, Inc.	46
Jackson	Born Free Residential Treatment Program	Catholic Charities	18
Mendenhall	Region VIII Residential Treatment Center	Region VIII Mental Health Services	20
Meridian	Weems Life Care	Weems Community Mental Health Center	20
Brookhaven	Newhaven Recovery Center	Southwest Mental Health Complex	36
Moselle	Clearview Recovery Center	Pine Belt Mental Healthcare Resources	27
Pascagoula	Stevens Center	Singing River Services	20
Gulfport	Live Oaks	Gulf Coast Mental Health Center	18

Location	Program	Agency	Beds
Vicksburg	Warren-Yazoo CDC	Warren-Yazoo Mental Health Services	21

FY 2011 Community-Based Primary Residential Substance Abuse Programs for Adolescents			
Location	Program		Beds
Clarksdale	Sunflower Landing		24
West Point	C.A.R.T. House		12
Jackson	Cares Center/The ARK		20

FY 2011 Community-Based Transitional Residential Substance Abuse Programs			
Location	Program	Agency	Beds
Clarksdale	Fairland Center	Region I Community Mental Health Center	5
Oxford	The Haven House	Communicare	16
Tupelo	Region III Chemical Dependency Program	Region III Mental Health Center	18
Corinth	Region IV Chemical Dependency	Timber Hills Mental Health Services	12
Greenville	Gloria Darden Center	Delta Community Mental Health Services	12

<b>FY 2011 Community-Based Transitional Residential Substance Abuse Programs</b>			
<b>Location</b>	<b>Program</b>	<b>Agency</b>	<b>Beds</b>
Columbus	Cady Hill & The Pines	Community Counseling Services	14
Columbus	Recovery House	Recovery House, Inc.	13
Jackson	Harbor House	Harbor House, Inc.	31
Jackson	New Beginnings Treatment Program	Catholic Charities	10
Jackson	New Life for Women	New Life for Women	20
Jackson	Center for Independent Learning	Center for Independent Learning	30
Jackson	Metro Counseling Center	Metro Counseling Center, Inc.	16
Meridian	Alexander House	Weems Community Mental Health Center	17
Moselle	Clearview Recovery Center	Pine Belt Mental Healthcare Resources	27
Pascagoula	Stevens Center	Singing River Services	8
Jackson	MICARE	Mississippi State Hospital	12

<b>FY 2011 Hospital-Based Inpatient Chemical Dependency Substance Abuse Programs</b>		
<b>Location</b>	<b>Program</b>	<b>Beds</b>
Meridian	East Mississippi State Hospital	25 - Adults
Meridian	Bradley Sanders Complex	10 - Adolescents
Whitfield	Mississippi State Hospital	90 – Adults

## **Substance Abuse Prevention and Rehabilitation/Treatment Services**

### **Service System**

The DMH, Bureau of Alcohol and Drug Abuse, administers the public system of substance abuse assessment, referral, prevention, treatment and aftercare/continuing care support services for the individuals it is charged to serve. It is also responsible for establishing, maintaining, and evaluating the network of service providers, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

In accordance with these beliefs, the Bureau of Alcohol and Drug Abuse strives to achieve and/or maintain high standards through the service delivery systems across the state. Therefore, the bureau is mandated to establish standards for the state's alcohol/drug abuse prevention, treatment, and support programs; assure compliance with these standards; effectively administer the use of available resources; advocate for and manage financial resources; develop the state's human resources by providing training opportunities; and develop an alcohol/drug abuse data system. In order to address the problems of substance abuse, the bureau believes a successful program is based on the following philosophical tenets:

- \* Alcoholism and drug addiction are illnesses which are treatable and preventable.
- \* Effective prevention services not only decrease the need for treatment, but provide for a better quality of life.
- \* Substance abuse problems are prevalent in all culturally diverse subgroups of the population and in all socioeconomic categories.

- \* A comprehensive program for substance abuse assessment, referral, prevention, treatment and post-treatment support must be easily accessible to all culturally diverse individuals and across all socioeconomic levels.
- \* If appropriate, services should be delivered in a community setting.
- \* Continuity of care is essential to an effective substance abuse treatment service program.
- \* Vocational rehabilitation is an integral part of the recovery process.
- \* Effective treatment and recovery include delivery of services to the individual and his/her family.
- \* Individuals with substance abuse problems can return to a productive role within society, their local community and their families.

All substance abuse services are provided through a grant/contract with other state agencies, and/or non-profit free-standing organizations. Primarily, the network of services comprising the public system is delivered through the following avenues:

**State-operated facilities:** Two of the four state psychiatric hospitals which are operated by the Department of Mental Health, provide medically-based inpatient chemical dependency treatment and aftercare services. These facilities serve designated counties or service areas in the state. East Mississippi State Hospital provides 25 slots for adult males. The Bradley Sanders Adolescent Complex provides 10 slots for chemically dependent and co-occurring male adolescents. Chemical Dependency treatment services at Mississippi State Hospital consists of two units. One provides 51 slots for adult males who live within its service area. The second unit provides 39 slots for adult females statewide. These facilities provide services including: detoxification; individual and group counseling; family conferences/counseling; medical care; vocational counseling; educational programs targeting recovery from substance abuse, including understanding the disease of substance abuse, the recovery process, relapse prevention skills, anger management, etc. The programs also include recreational and social activities that present alternatives to continued alcohol and drug use and emphasize the positive aspects of recovery, and outreach/aftercare (continuing care) planning and implementation. The adolescent programs include accredited educational services through the MS Department of Education.

The Community Services program of the Mississippi State Hospital operates the Mental Illness with Chemical Addiction Recovery Environment (MICARE) facility. This facility is a 12 slot transitional residential facility for adult males with a dual diagnosis of mental illness and chemical addiction.



## **Regional Community Mental Health Centers**

The community mental health/mental retardation centers (CMHCs) with whom DMH contracts, are the foundation and primary service providers of the public substance abuse services delivery system. Each CMHC serves a designated number of Mississippi counties. There are sixty-nine community-based “satellite centers” throughout the state which allow greater access to services by the area’s residents. The goal is for each Community Mental Health Center to have a full range of treatment options available for citizens in its region.

Substance abuse services usually include: (1) alcohol, tobacco, and other drug prevention services; (2) general out-patient treatment including individual, group, and family counseling; (3) outreach/aftercare (continuing care) support planning and implementation services; (4) primary residential treatment services (including detoxification services); (5) transitional residential treatment services; (6) vocational counseling and employment seeking assistance; (7) emergency services (including a 24-hour hotline); (8) educational programs targeting recovery from substance abuse which include understanding the disease, the recovery process, relapse prevention and anger management; (9) recreational and social activities presenting alternatives to continued alcohol and drug use and emphasizing the positive aspects of recovery; (10) 10-15 week intensive outpatient treatment programs for individuals who are in need of treatment but are still able to maintain job or school responsibilities; (11) community-based residential substance abuse treatment for adolescents; (12) specialized women's services (including day treatment and residential treatment with emphasis on outreach activities and programs for children of alcohol and drug abusers); (13) priority treatment for pregnant/parenting women; (14) services for individuals with dual diagnoses of substance abuse and serious mental illness; (15) priority substance abuse treatment services to former SSI/SSDI recipients who are disabled by their continued substance abuse; and, (16) employee assistance programs. In addition, some centers offer specialized services for particular populations such as day treatment for female prisoners.

**Other Nonprofit Service Agencies/Organizations**, which make up a smaller part of the service system, also receive funding through the Department of Mental Health to provide community-based services. Many of these free-standing nonprofit organizations receive additional funding from other sources such as grants from other state agencies, community service agencies, donations, etc. These agencies typically provide one or two specialized programs such as prevention services, exclusively, or one to two types of substance abuse treatment.

## **Process for Funding Community-Based Services**

Within the Department of Mental Health, the Bureau of Alcohol and Drug Abuse is responsible for administering the fiscal resources for alcohol and drug abuse services. The authority for funding programs to provide services to persons in Mississippi with alcohol/drug abuse problems (as well as persons with mental illness and/or mental retardation) was established through state statute. Funding is provided to community service providers by the Department of Mental Health through purchase of services (POS) or grant mechanisms. Funds are allocated by the Department through a Request for Proposals and Application Review Process. Requests for

Proposals (RFPs) are disseminated among service providers through the Department's Grants Management office and detail all requirements necessary for a provider to be considered for funding. The RFP may also address any special requirements mandated by the funding source, as well as Department of Mental Health requirements for programs providing alcohol and drug abuse services.

Agencies or organizations submit proposals which address needs of substance abuse and prevention services in their local communities to the DMH for their review. The decision-making process for selection of proposals to be funded is based on the applicant's fulfillment of the requirements set forth in the RFP, funds available for existing programs, funds available for new programs, and funding priorities set by state and/or federal funding sources or regulations and the State Board of Mental Health. Applications for funding of substance abuse prevention or treatment programs are reviewed by DMH Bureau of Alcohol and Drug Abuse staff, with decisions for approval based on (1) the applicant's success in meeting all requirements set forth in the RFP, (2) the applicant's provision of services' compatibility with established priorities, and (3) availability of resources.

### **Sources of Funding**

Sources of funding for alcohol and drug abuse prevention and treatment services are provided by both state and federal resources.

### **Federal Sources**

#### **Mississippi Governor's Office, MS Department of Human Services (DHS)**

**Social Services Block Grant (SSBG)** funds are distributed in Mississippi by the Governor's Office, MS Department of Human Services (DHS). The MS Department of Mental Health receives the funds from DHS to utilize toward developmental disabilities and substance abuse primary residential treatment services.

### **Center for Substance Abuse Treatment**

The **Substance Abuse Prevention and Treatment (SAPT) Block Grant**, is applied for annually by the Bureau of Alcohol and Drug Abuse. Detailed goals and objectives for addressing specific federal requirements included in the SAPT Block Grant program are included in this application. The SAPT Block Grant is the primary funding source for DMH to administer substance abuse prevention and treatment services in Mississippi. The Bureau allocates these awarded funds to its programs statewide. Funds are used to provide the following services: (1) general outpatient treatment; (2) intensive outpatient treatment; (3) primary residential treatment programs; (4) transitional residential treatment; (5) outreach/aftercare support services; (6) prevention services; (7) community-based residential substance abuse treatment for adolescents; (8) special women's services which include day treatment and residential treatment with priority on specialized outreach activities and programs for pregnant women and women with dependent children; (9) services for individuals with a co-occurring disorder of substance abuse and serious

mental illness; and, (10) priority substance abuse treatment services to former SSI/SSDI recipients who are disabled by their continued substance abuse. In administering SAPT block Grant funds, the DMH Bureau of Alcohol and Drug Abuse maintains minimum required expenditure levels (set asides) for substance abuse services in accordance with federal regulations and guidelines.

## **State Sources**

### **Alcohol Tax**

In 1977 the Mississippi Legislature levied a three percent tax on alcoholic beverages, excluding beer, for the purpose of using these tax collections to match federal funding, as deemed necessary, in order to fund alcoholism treatment and rehabilitation programs. The earmarked alcohol tax is tied directly to the volume of alcoholic beverages sold in the state. Funds from the three percent alcohol tax are used to provide hospital-based inpatient chemical dependency treatment at MS State Hospital and an alcohol and drug treatment program at the MS Department of Corrections in Parchman.

### **State General Funds**

State general funds are utilized to help support community-based primary residential treatment services and hospital-based inpatient chemical dependency services at the two larger state psychiatric facilities.

**BUREAU OF ALCOHOL AND DRUG ABUSE  
PROJECTED EXPENDITURES FOR FY 2010 AND 2011  
ACTUAL ALLOCATIONS FOR FY 2009**

<b>FEDERAL</b>	<b>FUNDING SOURCE</b>	<b>Projected FY 2010</b>	<b>Projected FY 2009</b>	<b>Actual FY 2008</b>
	<b>Substance Abuse Block Grant</b>	14,307,367	14,258,225	14,208,700
	<b>Social Services Block Grant</b>	373,178	373,178	373,178
	<b>Vocational Rehabilitation</b>	529,154	529,154	529,154
	<b>Juvenile Accountability Block Grant</b>	101,837	89,505	89,505
	<b>Strategic Prevention Framework state Incentive Grant</b>	2,093,000	2,093,000	2,093,000
<b>Total Federal</b>		17,404,536	17,343,062	17,293,537
<b>STATE</b>	<b>Three Percent Alcohol Tax</b>	4,658,410	4,658,410	4,658,410
	<b>State General Funds</b>	403,500	403,500	403,500
<b>Total State</b>		5,061,910	5,061,910	5,061,910
<b>GRAND TOTAL</b>		22,466,446	22,404,972	22,355,447

## **Population Served By the System**

### **State Population**

Mississippi is the 31<sup>st</sup> largest state in population. The U.S. Census Bureau figures estimated Mississippi's 2009 population at 2,951,996. Mississippi has 82 counties and 290 incorporated cities and towns. Statistics reveal that over 53% of the state's population lives in rural areas since many of these incorporated are nevertheless rural. The Census reveals that Mississippi's population is 60.6% Caucasian and 37.2% African American, .5% American Indian, .8% Asian and 2.2% Hispanics. The percentage of population under the age of 5 is reported at 7.5% and the percentage of population under the age of 18 is 26.1% and 12.6% over the age of 65. The Bureau of Alcohol and Drug Abuse targets youth 18 and under by providing prevention and treatment programs due to the increase in alcohol and drug use.

The U.S. Census Bureau indicated that in 2008, 20.8% of Mississippi families lived below the poverty level and the median household income was estimated at \$37,818 compared to \$52,029 nationally. High school graduates account for 73% of the population in the state while 17% hold a bachelor's degree or higher. Mississippi is one of the best states in the U.S. to do business. In fact, Mississippi has a diverse economy with a growing footprint in industries. Small business remains the backbone of the economy. The MS Development Authority (MDA) makes it a priority to help small business owners compete successfully in the marketplace. Industrial, commercial and consumer goods are all produced in our state. Mississippi made products are shipped regularly to well over 100 countries.

### **Service Population**

In general, activities to estimate or determine and monitor needs for substance abuse services can be divided into two categories: (1) estimation of the number of persons with alcohol and/or drug abuse problems and at risk for needing services; and (2) estimation or determination of need for specific services among persons with alcohol and/or drug abuse problems and among subgroups of the population.

To gather comprehensive information about the prevalence of alcohol and drug problems among the general population and among subgroups of the population, as well as more detailed information on service needs and demand, the Bureau of Alcohol and Drug Abuse has collected the following data through needs assessments and/or surveys.

### **Substance Abuse Data Collection**

There is a significant number of individuals in Mississippi at any given time which need substance abuse services. The Mississippi Department of Mental Health, Bureau of Alcohol and Drug Abuse can provide services to approximately 17% of the population. The Mississippi Substance Abuse Management Information System collects data regarding admissions, discharges, types of services provided and the number of individuals served.

The Mississippi Department of Education reported 492,105 youth attended public schools, 2009-2010 and 39,000 youth attended private schools according to the Mississippi Private Schools Association. These numbers do not include youth who are home-schooled, in detention centers, treatment centers or hospitals. Many of these youth are at risk for substance use/abuse and in need of treatment due to peer pressure, easy access to drugs and an increase in the advertising industry. The Department of Education is instrumental in conducting the Youth Risk Behavior Survey to gather data on middle and high school students. See paragraph below.

### **Mississippi's 2009 Youth Risk Behavior Survey**

The Mississippi YRBS measures the prevalence of behaviors that contribute to the leading causes of mortality and morbidity among youth. The YRBS is part of a larger effort to help communities promote the “resiliency” of young people by reducing high risk behaviors and increasing health behaviors. Centers for Disease control developed the survey and the MS Department of Health and the MS Department of Education conducted the survey and the MS Department of Health analyzed the data collection for the report. The YRBS was completed by students in middle school, grades 6-8 and by students in high school, grades 9-12 during the spring of 2009. The YRBS is conducted every two years.

### **SmartTrack**

SmartTrack is a web- based data collection tool developed by DREAM, Inc. which provides needs assessment data related to the Center for Substance Abuse Prevention core measures. It collects data on severity of substance abuse, risk and protective factors and identification of the most pressing prevention issues. The data is collected from schools in communities throughout the state with the goal being to establish base-line data on prevalence and severity of substance abuse, as well as related behaviors and attitudes. A survey of 120,365 6<sup>th</sup>-11<sup>th</sup> grade public school students conducted during the 2008-09 school term reveals the following protective factors among MS youth. Approximately 55.2% of students indicated smoking marijuana regularly posed a great risk and 45.8% stated that consuming four to five alcoholic beverages per day was a great risk. Approximately 36% of surveyed students strongly felt that they belonged to their school compared to 7% that strongly disagreed. Approximately 47.6% of students stated that they never have major fights or arguments with their parent/guardian(s), while 71.8% indicated that they could ask their parents for help in dealing with a personal problem. Finally, 60.1% of students indicated that their parents enforce rules at home.

### **Alcohol ,Tobacco and Other Drug DATA**

#### **Alcohol Use**

The percentage of students who reported having at least one drink of beer in the past 30 days was 16.1% in 2009.

The percentage of students who reported having at least one drink of a wine cooler in the past 30 days was 12.1% in 2009.

The percentage of students who reported having at least one drink of other alcohol (liquor, wine, mixed drink, etc.) in the past 30 days was 16.1% in 2009.

The percentage of students who had their first drink of beer before age 15 was 34.5% in 2004 to 31.9% in 2009.

The percentage of students who had their first drink of a wine cooler before age 15 was 27.7% in 2004 to 21% in 2009.

The percentage of students who had their first drink of other alcohol (liquor, wine, mixed drink, etc.) before age 15 was 25.3% in 2004 to 23% in 2009.

The percentage of students who engaged in binge drinking was 14.2% in 2009.

### **Tobacco Use**

The percentage of students who tried cigarette smoking before age 15 was 21.3% in 2009.

The percentage of students who reported cigarette use in the past 30 days was 13.1% in 2009.

The percentage of students who have used chewing tobacco or snuff during the past 30 days has decreased from 9.4% in 2008 to 6.9% in 2009.

### **Other Drug Use**

The percentage of students who used any form of cocaine including powder, crack, or freebase one or more times in the past 30 days was 2.6% in 2009.

The percentage of students who use heroin one or more times in the past 30 days was 2.4% in 2009.

The percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times in the past 30 days was 3.7% in 2009.

The percentage of students who tried marijuana for the first time before age 15 was 10.3% in 2008 and 10.7% in 2009.

The percentage of students who used marijuana one or more times during the past 30 days was 8.9% in 2009.

### **National Survey on Drug Use and Health (NSDUH) for Mississippi**

According to statistics cited in SAMHSA's 2006-07 *National Survey on Drug Use and Health* (NSDUH) state estimates, 7% of Mississippians 12 years or older were past month illicit drug

users. By age group, 12-17 year old Mississippians represented 9% of past month illicit users; 18-25 year olds represented 17%; and persons 26 years or older represented 5%. Past month marijuana use among Mississippians 12 years and older was 5%. By age group, 12-17 year olds represented 5% of past month marijuana users; 18-25 year olds represented 13%; and persons 26 years or older represented 7%. Approximately 37% of Mississippians were past month alcohol users. By age group, 12-17 year olds represented 14% of past month alcohol users; 18-25 year olds represented 47%; and persons 26 years or older represented 38%. Past month binge alcohol use among Mississippians was 18%.

**Kids Count**

Economically, the lack of a viable non-agriculture-based economy has resulted in stagnant incomes and low-skilled jobs. Hence, approximately 20.8% of Mississippians live below the poverty line compared to just 13.2% of Americans nationally. According to The Annie E. Casey Foundation’s *2009 KIDS COUNT Data Book* the following conditions exist for children in MS today.

Table 1—Child Well-being Indicators	Statistic	Ranking
Percent of children in poverty (2007)	29%	50 <sup>th</sup>
Teen birth rate (Births per 1,000 females ages 15-19) (2006)	68	50 <sup>th</sup>
Infant mortality rate (Death per 1,000 live births) (2006)	10.6	50 <sup>th</sup>
Percent of children in single-parent households (2007)	44%	50 <sup>th</sup>
Percent of teens not attending school and not working (Ages 16-19) (2007)	10%	40 <sup>th</sup>
Percent of teens who are high school dropouts (Ages 16-19) (2007)	8%	36 <sup>th</sup>
Child death rate (Deaths per 100,000 Children Ages 1-14) (2006)	30%	47 <sup>th</sup>
Teen death rate (Deaths per 100,000 teens ages 15-19) (2006)	64	44 <sup>th</sup>
Overall child well-being (2006-07)		50 <sup>th</sup>

**Mississippi HIV/AIDS Data**

The MS Department of Health, Bureau of STD/HIV reported that in 2009 there were 610 newly diagnosed cases of HIV disease. Persons living with HIV/AIDS in Mississippi in 2009 totaled 9,214. There are currently 6,687 African Americans who are living with HIV. This is particularly important to note since they represent only 37.2% of Mississippi’s general population. There are currently 2,210 Caucasians who are living with HIV. Out of the nine Public Health Districts, the top counties in 2009 which had persons diagnosed with HIV disease were: Hinds (136), Harrison (39), DeSoto (35), Rankin (29), Forrest (23), Jackson (23), and Washington (19).



## **Ideal System Model**

The Mississippi Department of Mental Health's Ideal System Model incorporates and reflects commitment to the mission, vision, core values and guiding principles of the agency. Individuals receiving services, each with his or her individual strengths and needs, is the center of the agency's ideal system model. Central to the comprehensive public mental health service system is the belief that individuals are most effectively treated in their community and close to their homes, personal resources and natural support systems.

The development of the system reflects integration of services to meet individual needs and to facilitate accessibility and continuity of care. In meeting individual needs throughout the system, emphasis is placed on preserving individual dignity and rights including privacy and confidentiality, in the most culturally appropriate manner.

The state's vision for a statewide person-driven, family-centered system of care emphasizes the importance of access and coordination with other service agencies. System-wide support services may include operational services that may be provided through a variety of other agencies or entities. Inherent in the Ideal System Model are the characteristics of consistency, accountability and flexibility to allow responsiveness to changing needs and service environments.

CONSUMER-CENTERED

COMMUNITY-BASED OPTIONS

**IDEAL SYSTEM MODEL**

Mississippi Comprehensive Alcohol and  
Drug Abuse Service System

**Prevention**

Alcohol  
Drugs  
Tobacco

**Support**

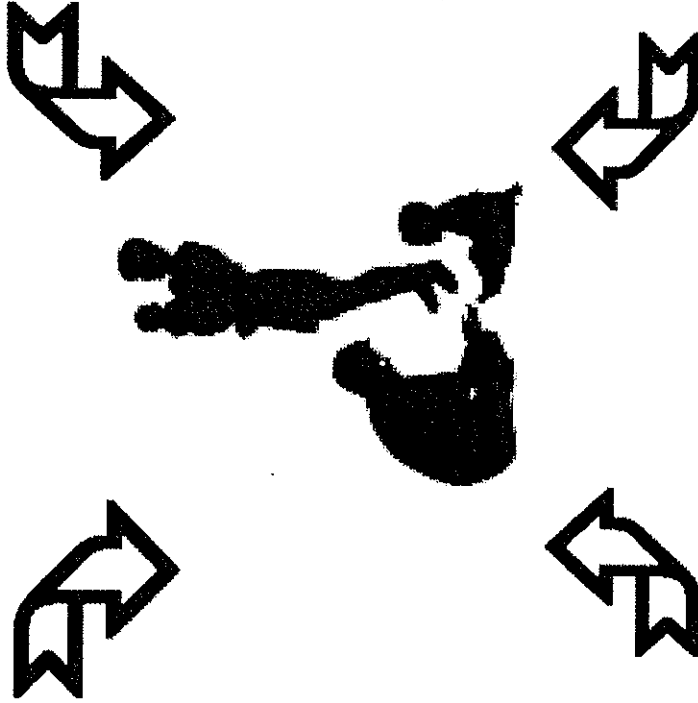
Outreach/Aftercare  
DUI Diagnostic/Assessment  
Vocational Rehabilitation  
Referral  
Collaboration with Other  
Services  
Needs Assessment

**Treatment**

Primary Residential  
Transitional Residential  
Outpatient  
Hospital-based Chemical  
Dependency Units

**Quality Assurance**

Certification and Monitoring  
Performance Outcome Measurement  
Management Information Systems  
Peer Review



Smooth Transition  
Among Services

COMMUNITY OF CARE

COMPREHENSIVE SERVICES

## **COMPONENTS OF THE SUBSTANCE ABUSE PREVENTION AND REHABILITATION/TREATMENT SERVICE SYSTEM**

The components of the alcohol and drug abuse prevention and treatment service system are aligned with the Department of Mental Health's Strategic Plan. The components encompass the strategic plan's nine (9) themes which include accountability, person-centeredness, access, community, outcomes, prevention awareness, partnerships, workforce training and information management.

### **Substance Abuse Prevention Services**

Prevention is an awareness process that involves interacting with people, communities, and systems to promote the programs aimed at substantially preventing alcohol, tobacco and other drug abuse. Based on identified risk and 'protective' factors, these activities must be carried out in an intentional, comprehensive, and systematic way in order to impact large numbers of people.

Most substance abuse prevention programs today are targeted at youth; however, the prevalence of alcohol and drug use indicates that all age groups are at risk. Since adults serve as role models, their behavior and attitudes toward substance use determine, to a large extent, the environment in which choices will be made about use by children and adolescents. Therefore, the Bureau of Alcohol and Drug Abuse supports prevention services that target adults as well as young people.

The causes of substance abuse are complex and multi-dimensional. According to research, factors that play a role in the development of drug dependency can include genetics or deficiencies in knowledge, skills, values, or spirituality. Also, social norms, public policies, and media messages often promote or convey acceptance of drug abuse behaviors. All of these factors must be addressed in prevention programming. Equally important is the willingness of prevention professionals to remain aware of new research and be prepared to expand or modify their programs, as needed, to address any new causes.

A variety of strategies must be employed to successfully reduce problems associated with substance abuse. Prevention strategies have been categorized in a variety of different ways. The Bureau of Alcohol and Drug Abuse requires that each funded program use no less than three of the six strategies promoted by the Substance Abuse Mental Health Services Administration (SAMHSA)/Center for Substance Abuse Prevention (CSAP). The six strategies are information dissemination, education, alternative activities, problem identification and referral, community-based process, and environmental. (The definition of each strategy may be found in the *Federal Register*, Volume 58, Number 60, March 31, 1993).

Through the Bureau of Alcohol and Drug Abuse, Mississippi has made great strides in improving the prevention delivery service system during the past five years. BADA has instituted many new policies for subgrantees funded by the 20 percent prevention set aside of the SAPT Block Grant. Two examples include: 1) designation of an individual to coordinate prevention services and 2) requiring each program to implement at least one evidence-based program. The State Incentive Grant (SIG) awarded to BADA in 2001 allowed BADA to fund addition programs utilizing evidence-based programs and more than doubling the amount of individuals and families served. In October 2006, BADA received a Substance Abuse and Mental Health Services Administration (SAMHSA) five-year incentive grant to meet the following federal goals: (1) Build prevention capacity and infrastructure at state and community levels; (2) prevent the onset and reduce the progression of substance abuse, including childhood and underage drinking; and (3) Reduce substance abuse-related problems in communities.

The Bureau of Alcohol and Drug Abuse serves as the state Regional Alcohol and Drug Awareness Resource (RADAR). Six of the twenty-nine DMH funded prevention programs serve as RADAR network centers. These centers maintain and provide access to a collection of substance abuse resources for reference and circulation through support for the National Clearinghouse for Alcohol and Drug Information located in Maryland.

## **Substance Abuse Rehabilitation/Treatment Services**

### **Treatment Modalities**

The Bureau of Alcohol and Drug Abuse encourages “Best Practices” that aim to investigate the potential problem of substance abuse and motivate the individual to do something about it either by natural, client-directed means or by seeking additional substance abuse treatment. This can be done by utilizing brief interventions in an outpatient setting which is the most common modality of substance abuse treatment. If the individual needs a more intense level of treatment, a residential setting is recommended. Some evidence-based practices currently being utilized in treatment are brief interventions, cognitive-behavioral therapy, group-based approach therapy, 12 step facilitation therapy and motivational interviewing.

### **Family Support**

For many individuals with substance abuse disorders, interaction with their family is vital to the recovery process. The family has a central role to play in the treatment of the individual. They can assist by both participating in the development of the treatment plan and family therapy. Where family support is active, the abuser relies on the strengths of every family member as a source of healing. Several ways the providers encourage and help elicit family support is through the distribution of printed materials, education, internet access and knowledge of the referral and placement process.

## **Access to Community-Based Primary Residential Services**

The Primary Residential Treatment Program is a twenty-four hour, seven days a week onsite residential program for adult males and females who are addicted to alcohol/drugs. This type of treatment is prescribed for those who lack sufficient motivation and/or social support to remain abstinent in a setting less restrictive than 'primary' but who do not meet the clinical criteria for hospitalization. Typically, primary residential treatment programs operate on a 30-day cycle.

Primary residential treatment's group living environment offers clients access to a comprehensive program of services that is easily accessible and immediately responsive to each client's individual needs. Because alcohol and drug dependency is a multidimensional problem, various treatment modalities are available, including detoxification, group and individual therapy; family therapy; education/information services explaining alcohol/drug abuse and dependency; personal growth/self help skills; relapse prevention; coping skills/anger management and the recovery process; vocational counseling and rehabilitation services; employment activities; and, recreational and social activities. This program facilitates continuity of care throughout the rehabilitation process and is designed to meet the specific needs of each client.

Although all substance abuse treatment programs are accessible to pregnant women, there are two, described in the following paragraph, that are specifically designed for this population. Additionally, there are primary residential treatment programs tailored for adolescents and for prisoners. These are described below:

Specialized Primary Residential Services for Pregnant Women and Women with Dependent Children: In addition to traditional treatment modalities described above, these programs provide pre/post-natal care to pregnant women throughout the treatment process and afford infants/young children the opportunity to remain with their mothers. The treatment program also focuses on parenting skills education, nutrition, medical and other needed services.

Specialized Primary Residential Services for Adolescents: While providing many of the same therapeutic, informational/educational, social/recreational services as adult programs, the content is modified to accommodate the substance abusing adolescent population. Adolescent treatment programs are generally longer in duration than adult primary residential programs. Some allow the client to remain from six months up to as long as a year, depending on several factors that may include the program's recommendations, parental participation, and the client's progress and adaptability. Also, all programs provide regularly scheduled academic classes individually designed for each client following a MS Department of Education approved curriculum by an MDE certified teacher.

Specialized Services for Prisoners: Substance abuse screening and a primary treatment unit are provided for the inmates at the Mississippi Correctional Facility in Parchman.

### **Access to Community-Based Transitional Residential Services**

The Transitional Residential Treatment Program is a less intensive program for adult males and females, who typically remain from two to six months depending on the individual needs of the client. The client must have completed a primary substance abuse treatment program before being eligible for participation in a transitional program.

Intended to be an intermediate stage between primary treatment and independent re-entry into the community, the treatment focuses on the enhancement of coping skills needed to lead a productive, fulfilling life, free of chemical dependency. A primary objective of this type of treatment is to encourage and aid the client in the pursuit and acquisition of vocational, employment and/or related activities. Although all substance abuse treatment programs are accessible to pregnant women, there are two, described in the following paragraph, that are specifically designed for this population. There are also programs that provide services for female ex-offenders and dually diagnosed adult males. They are described below.

Specialized Transitional Residential Services for Pregnant Women and Women with Dependent Children: These programs provide pre/post-natal care to pregnant women throughout the treatment process and afford infants/young children the opportunity to remain with their mothers. In addition to traditional therapeutic activities, the treatment program also focuses on parenting skills education, nutrition, medical and other needed services.

Specialized Transitional Residential Services for Female Ex-offenders: This program provides immediate support for women leaving primary substance abuse treatment programs in correctional facilities. Priority is given to pregnant women and plans are currently underway for this program to include parenting women, where their children are housed with them.

Specialized Transitional Residential Services for Co-occurring Adult Males: This program is designed to address both the individual's chemical dependency and mental illness. These individuals, primarily from the Mississippi State Hospital population, are ready to leave the hospital environment but still require a supported living environment. Treatment is provided in a group living environment which promotes a life free from chemical dependency and provides appropriate support for the client's mental illness. BADA contracts with Mississippi State Hospital (MSH), Bureau of Community Services to provide this service.

## **Access to Community-Based Outpatient Services**

Each program providing alcohol and drug abuse outpatient services must provide multiple treatment modalities, techniques and strategies which include individual, group, and family counseling. Program staff must include professionals representing multiple disciplines who have clinical training and experience specifically pertaining to the provision of alcohol and drug abuse services.

General Outpatient: This program is appropriate for individuals whose clinical condition or environmental circumstances do not require an intensive level of care. The duration of treatment is tailored to individual needs and may vary from a few months to several years.

General Outpatient Services for Opiate Addiction: The Bureau of Alcohol and Drug Abuse in collaboration with the Center for Substance Abuse Treatment (CSAT) continues its relationship in addressing issues of treatment for individuals who are addicted to prescription pain medications and patients who are addicted to heroin and other opiates. The State Methadone Authority (SMA) works closely with the State's opiate replacement program to promote programs which stress the core values of opiate treatment including the right of the individual to be treated with dignity and respect.

The Bureau of Alcohol and Drug Abuse is becoming more focused on the need to increase awareness of treatment for opiate addiction as well as educate community members and its leaders. Also, the Commission on Accreditation of Rehabilitation Facilities (CARF) is a certifying body which serves as a catalyst for improving the quality of life of individuals in opiate treatment facilities. This mission coupled with the State Standards provides the best possible optimal care. Currently, the State has one certified treatment program located in Jackson. As resources become available, additional programs will be established.

General Outpatient Services for Co-occurring Disorders: In addition to the funding provided by the Bureau of Alcohol and Drug Abuse to community-based transitional residential programs, mentioned earlier, the Bureau also allocates funds specifically earmarked for services for Co-occurring Disorders through each regional community mental health center. The Bureau of Alcohol and Drug Abuse collaborates with the Bureau of Community Mental Health Services by providing joint co-occurring disorders training throughout the state. Both bureaus work together in preparation of the trainings and the selection of the trainers.

Intensive Outpatient Program (IOP) for Adults: This program provides an alternative to traditional residential or hospital settings. It is directed to persons whose substance abuse problems are of a severity that require treatment services of a more intensive level than general outpatient but less severe than those typically addressed in residential or inpatient treatment programs.. The IOP allows the

client to continue to fulfill his/her obligations to family, job, and community while obtaining treatment. Typically, the IOP provides 3-hour group therapy sessions, which are conducted at least three times per week for at least ten to fifteen weeks. Individual therapy sessions are also provided to each group member at least once per week.

Specialized Intensive Outpatient Services for Adolescents: These programs operate in the same manner as those described above, but focus on the special needs of adolescents. The program allows the young person to maintain responsibilities related to education, family, employment and community while receiving treatment.

Specialized Day Treatment Services for Women : This community program typically involves group therapy that is offered for a minimum of four hours per day from three to four days per week to women. It is operated by a DMH-funded/certified free-standing standing substance abuse treatment program.

Specialized Day Treatment Services for Female Inmates: This program typically involves group therapy that is offered for a minimum of four hours per day from three to four days per week to the female inmates at a local correctional facility. It is operated by a DMH-funded/certified free-standing substance abuse treatment program.

### **Access to Hospital-Based Inpatient Chemical Dependency Unit Services**

Inpatient or hospital-based facilities offer treatment and rehabilitation services for individuals whose substance abuse problems require a medically monitored environment. These may include: (a) patients with drug overdoses that cannot be safely treated in an outpatient or emergency room setting; (b) patients with withdrawal and who are at risk for a severe or complicated withdrawal syndrome; (c) those with an acute or chronic medical condition; (d) those who do not benefit from less intensive treatment; and/or (e) clients who may be a danger to themselves or others. In addition to medical services, treatment usually includes detoxification, assessment and evaluation, intervention counseling, aftercare, a family support program and referral services.

Inpatient services also provide treatment for individuals with a co-occurring disorder of mental illness and substance abuse. The program is designed to break the cycle of being frequently hospitalized by treating the substance abuse simultaneously with the mental illness.



## **Substance Abuse Therapeutic Support Services**

### **Access to Community-Based Aftercare/Outreach Services**

Aftercare services are designed to assist individuals in maintaining sobriety. It is a bridge between active treatment and long-term recovery. Initiated at the beginning of the treatment process, aftercare is designed for clients who have completed primary substance abuse treatment. Aftercare provides structured support and assistance to the client through formal regularly scheduled meetings and individual sessions, as needed. The group meeting usually facilitated by program staff, allows the members to offer encouragement and support to each other in maintaining sobriety. Aftercare program personnel also assist in making referrals, securing additional needed services from community mental health centers or from other health or human services providers, while maintaining contact and involvement with the client's family.

Outreach services assist persons with substance abuse problems and/or their families by providing information on, encouraging utilization of, and providing access to needed treatment or support services in the community. Outreach activities may include speaking engagements to community groups about substance abuse services and/or visiting local courts and jails to inform and access available services for offenders.

### **Outreach Services/Older Adult**

Outreach services are provided to the older adult with substance abuse issues and/or their families by providing information and access to needed treatment. Alcohol and prescription drug misuse and abuse are prevalent among older adults due to the aging process of their mind and body. Many older adults also suffer from dementia as well and may require intensive treatment. Alcohol abuse and drug dependence are directly correlated with other potential causes of cognitive impairment. Coupled with drug abuse and cognitive impairment, they should be encouraged to seek appropriate treatment. Counselors often use the opportunity to educate the older adult and to help them to acknowledge their addiction. Patient understanding and cooperation for the older adult are essential in eliciting accurate information in order to carry out the appropriate type of treatment. Depending on the individual's particular situation, the person's needs may change over time and require different levels and intensities of rehabilitation.

### **DUI Diagnostic Assessment Services**

The DUI (Driving Under the Influence) Diagnostic Assessment Services are for individuals who have been convicted of two or more DUI violations which have resulted in the suspension of their driver's license. The diagnostic assessment process was first developed and sanctioned through the Mississippi Implied Consent Law by our State Legislature to encourage alcohol and drug treatment and to reduce the suspension period for offenders. During the 2007 Legislative Session, the Implied Consent Law was

amended requiring first offenders' license suspension to be no less than 90 days and to enroll and complete the Mississippi Alcohol Safety Education Program (MASEP) before their license can be reinstated.

The diagnostic assessment process ensures the following steps are taken. First, an approved DMH diagnostic assessment instrument is administered. Secondly, the results of the assessment is evaluated as well as the client intake assessment. Thirdly, the BAC (Blood Alcohol Content) report and the motor vehicle record are reviewed and fourthly, collateral contacts and if appropriate other clinical observations are recorded. If treatment is warranted after the completion of the process, the offender is placed in an appropriate treatment setting.

There were 20,377 adult DUI arrests in 2009. There were 1,972 DUI arrests made to individuals under the age of twenty-one (21). The Mississippi underage driver accounts for 10.6% of all Mississippi drivers arrested for DUI. The most alarming fact is that these young drivers are committing two serious offenses – both drinking illegally and then driving under the influence. The average (mean) BAC (Blood Alcohol Content) for all DUI arrests during 2009 was .141. This is evidently well above the BAC of .08 and .02 for under age twenty-one (21). The impaired driver is the primary contributing factor in fatal traffic crashes every year. The fines assessed for DUI are above 7 million dollars annually. The alcohol traffic safety indicators did show a positive change during 2009. The “Over the Limit – Under Arrest” public information and education campaign coupled with strict enforcement showed significant progress in reducing deaths on our roadways. The impaired driver shows that when DUI arrests increase, there is an inevitable decrease in both total traffic deaths and alcohol related deaths.

### **Mississippi Drug Courts**

Mississippi currently has 34 drug courts covering 63 of the 82 counties. There are 21 adult programs and 13 juvenile programs. Three new programs have been created in the past year. The mission of the drug courts is to establish a system with judicial requirements which will effectively reduce crime by positively impacting the lives of substance abusers and their families. The target population of the program is for first time non-violent offenders, age 18. An evaluation process determines whether or not an offender is eligible for the program. The total enrollment in drug courts statewide is 2,521. During 2009, there were 3,188 individuals served by Drug Court and 363 individuals who were graduates of the program. In that same year, participants paid \$644,856 in fines and fees.

Senate Bill 2246 which becomes effective July 1, 2008 states that the State Drug Court Advisory Committee “shall establish through rules and regulations a viable and fiscally responsible plan to expand the number of adult and juvenile drug court programs operating in Mississippi. These rules and regulations shall include plans to increase participation in existing and future programs while maintaining their voluntary nature.”

Currently, the Bureau of Alcohol and Drug Abuse allocates funding support for a private, non-profit free standing community-based program, IQOL (Improving Quality of Life) to implement the ICMS's (Intensive Case Management Services) phase of the Drug Court Program. The case managers work closely with the court system to assist the client in meeting the judicial requirements administered by the court. Clients are offered the incentive of a chance to remain out of jail and the sanction of a jail sentence if they fail to remain drug-free and noncompliant. The director of the Bureau of Alcohol and Drug Abuse serves on the State Drug Courts Advisory Committee which meets monthly.

### **Vocational Rehabilitation Services**

Each primary residential treatment program provides vocational counseling to individuals while they are in the treatment program. In transitional treatment the primary focus is assisting the client, if needed, in securing employment and/or maintaining employment. The Department of Rehabilitation Services, Office of Vocational Rehabilitation partners with the Bureau of Alcohol and Drug Abuse in providing some monetary support for eligible individuals in the transitional residential treatment programs.

### **Tuberculosis and HIV/AIDS Assessment/Educational Services**

All individuals receiving substance abuse treatment services are assessed for the risk of tuberculosis and HIV/AIDS. If the results of the assessment indicate the individual to be at high risk for infection, they are referred for additional testing. Individuals also receive educational information regarding HIV/AIDS, STDs, TB and MS Implied Consent Law either in individual or group sessions during the course of treatment.

### **Referral Services**

For many years the Bureau of Alcohol and Drug Abuse has published the Mississippi Alcohol and Drug Prevention and Treatment Resources Directory in order for the public to access substance abuse services. The directory is comprised of all DMH certified substance abuse treatment and prevention programs as well as other recognized programs across the state of Mississippi. It is revised, updated and redistributed by the BADA every two years. The current publication, 2009-2010 has been distributed to treatment facilities, human services organizations, and a wide variety of other interested parties statewide. The manual is extensively used for a variety of referral purposes. In addition, individuals seeking referral information through the Department of Mental Health may do so by contacting a toll-free help line, operated by the DMH Office of Constituency Services. In 2010, approximately 1500 copies have been distributed throughout the United States.

## **Other Substance Abuse Prevention and Rehabilitation/Treatment Support Services**

### **Linkages/Partnerships with Other Service Systems**

Staff from the Bureau of Alcohol and Drug Abuse actively participate in and/or serve on numerous interagency committees, task forces, and other entities dedicated to the continuous development and maintenance of appropriate, accessible substance abuse prevention and treatment services. The Bureau's Prevention Director and Coordinator continue to be a member of the Mississippi Executive Prevention Council (MEPC). The MEPC, coordinated by DREAM, is an interagency committee that facilitates communication among local and state agencies/entities involved in substance abuse prevention services and support. The Division continues to work in collaboration with the Attorney General's Office in enforcement of the state statute prohibiting the sale of tobacco products to minors and to ensure that the state compliance check survey is completed in a scientifically sound manner. Representatives from the Department of Mental Health participate on The State Tobacco Control Advisory Council. This Council is comprised of a variety of state and private agencies whose mission is to achieve a comprehensive approach to tobacco control involving prevention and cessation services. The DMH Bureau of Alcohol and Drug Abuse continues its contract with the Department of Rehabilitation Services (Office of Vocational Rehabilitation) to fund substance abuse treatment services to individuals in transitional residential programs. The Bureau continues to contract with Mississippi State Hospital (MSH), Bureau of Community Services to support one transitional residential facility for the treatment of individuals with co-occurring disorders (substance abuse and mental illness). Staff from the Bureau actively participate on the Co-Occurring Disorder Coordinating Committee. The Coordinator of DMH's Employee Assistance Program is a member of the Employee Assistance Professional Association which facilitates communication between public and private EAP providers throughout the state. A Bureau staff member serves on The MS Community Planning Group for HIV Prevention, a diverse body of individuals representative of various HIV- and STD-affected communities in the state. This group coordinated by the MS Department of Health functions to foster the principles of HIV prevention community planning and to develop an annual Comprehensive HIV Prevention Plan for Mississippi. Bureau staff also serve on the Mississippi Association of Highway Safety Leaders, a group whose overall mission is to reduce deaths and serious injuries on Mississippi roadways through public education; increase enforcement of highway safety laws; progressive legislation and support of national and state transportation policies and programs. The DMH, Bureau of Alcohol and Drug Abuse and the Department of Human Services (DHS), and several regional community mental health centers began a collaborative effort to determine the need for and access to substance abuse services for individuals who receive services through the DHS's Mississippi Recipients of Temporary Assistance for Needy Families (TANF) program. A second objective is to determine a possible correlation between substance abuse and domestic violence. Several of the DMH staff are members of the Mississippi Chapter of the National Coalition Building Institute

(NCBI), a non-profit organization founded in 1984 in an effort to eliminate prejudice and reduce intergroup polarization. Having worked closely with NCBI, the Department decided to establish a Multicultural Task Force and it is currently active. The mission of the task force is to address issues relevant to providing mental health services to minority populations in Mississippi and make recommendations to the State Mental Health Planning Council. The Bureau is represented on this task force which has provided training to increase the awareness and sensitivity of different cultures. This includes an annual Day of Diversity which focuses on embracing the diversity of individuals. Many of the DMH service providers have begun to sponsor this day in their own communities. BADA works closely with the Mississippi Association of Addiction Professionals (MAAP) which is the certifying body for alcohol and drug counselors. Additionally, a Bureau staff member serves on the Board of Directors of the Mississippi Alliance for School Health (MASH) which is a non-profit organization dedicated to promoting and encouraging the use of the Centers for Disease Control and Prevention's components of a coordinated school health program (CSHP). The Bureau's Prevention Director serves on the Advisory Council for the Mississippi Council on Problem and Compulsive Gambling. The Director of the Bureau of Alcohol and Drug Abuse serves on the State Drug Courts Advisory Committee which meets monthly.

### **Inter-Bureau Collaboration**

The Bureau of Alcohol and Drug Abuse collaborates with all seven bureaus in the Department of Mental Health. Inter-bureau collaboration is a vital component in carrying out the responsibilities and duties of the Department. BADA works closely with the following areas: Human Resources, Staff Development and Training, Certification and Licensure, Grants Management, Purchasing, and Referral and Placement.

### **Workforce Development**

The DMH Bureau of Alcohol/Drug Abuse provides regularly scheduled, ongoing training/technical assistance to substance abuse treatment and prevention service providers. The purpose is to teach, maintain, and improve treatment and prevention skills/techniques in order to assure optimum quality, state of the art services to clients. Additionally, all DMH funded/certified programs must provide training that meets the staff development requirements outlined in the Operational Standards for Community Mental Health/Intellectual and Developmental Disabilities Services. The Bureau of Alcohol and Drug Abuse also provides funds to help support the attendance of the staff of community services providers at other training/continuing education opportunities.

### **Bureau of Alcohol and Drug Abuse Advisory Council**

An important mechanism for public input is the Mississippi Alcohol and Drug Abuse Advisory Council. The Council advises and supports the Bureau of Alcohol and Drug Abuse, promotes and assists in developing effective prevention programs, and promotes the further development of alcohol and drug treatment programs at the community level.

Specific activities of the Council include the following: providing input into the development of the annual State Plan for Alcohol and Drug Abuse Services; participating in the Department of Mental Health's peer review process; and, participating on various committees, conferences, and meetings related to the prevention and treatment of substance abuse. The Council also supports the Bureau of Alcohol and Drug Abuse as staff carries out its duties to ensure that substance abuse services are provided to those individuals in need. The Council members represent a broad range of geographic, ethnic, and socio-economic backgrounds. The Council meets quarterly and may hold other meetings upon requests.

## **Substance Abuse Prevention and Treatment Quality Assurance Services**

### **Accountability – Certification and Monitoring**

The Division of Accreditation and Licensure within the Bureau of Community Services, is responsible for the coordination and development of the Operational Standards for Community Mental Health/Intellectual and Developmental Disabilities Services for community programs that receive funds through the authority of the Department of Mental Health. Representatives from all human services Bureaus and Divisions, including the Bureau of Alcohol and Drug Abuse participate in this ongoing accountability process of review, monitoring and certification during on-site visits to determine continued compliance with the service delivery or client-related requirements in the Operational Standards. Monitoring includes the review and evaluation of each specific service area as well as case record management and client records, environmental and safety requirements, clients' rights, and confidentiality policies and procedures.

### **Peer Review**

The DMH, including the Bureau of Alcohol and Drug Abuse, has developed a peer review process for the purpose of evaluating the quality, appropriateness, and efficacy of the DMH-funded substance abuse prevention and treatment programs. The peer review process is designed to assist these programs in assessing their strengths and weaknesses; to make changes toward effective services; and to promote information sharing among the programs. The projected outcome of this process is to improve the quality of alcohol and drug abuse prevention and treatment services across the state. A pool of nine peer reviewers with expertise in alcohol and drug abuse prevention and/or treatment was selected from the fifteen (15) regional community mental health centers, the Mississippi Alcohol and Drug Abuse Advisory Council and the private and/or public nonprofit substance abuse prevention and treatment programs funded by the DMH. The BADA peer reviewers meet quarterly in Jackson for orientation and technical assistance regarding the peer review process. The peer reviewers submit a written report to the program reviewed at the conclusion of the monitoring visit. In 2009 peer reviews were conducted on one-third of the community mental health centers during their certification visits which are conducted every two years.

## **Consumer Grievances and Complaints**

The Office of Constituency Services receives, investigates, and resolves consumer complaints and reports of serious incidents in all programs and services operated and/or certified by the Department of Mental Health. Consumer complaints and serious incident reports are logged into a computer system for reporting purposes but are followed through on paper to protect the confidentiality of the consumer. During FY 2010, OCS received approximately 1,315 calls associated with alcohol and drug abuse.

## **Performance/Outcome Measures**

The Substance Abuse and Mental Health Services Administration (SAMHSA) is interested in demonstrating program accountability and efficacy for prevention and treatment programs through the National Outcome Measures (NOMS). The NOMS are intended to document the performance of federally supported programs and systems of care. The Bureau of Alcohol and Drug Abuse has established a data infrastructure for the purpose of capturing data and reporting performance indicators for alcohol and drug prevention and treatment services. Compliance is maintained by the Bureau regarding the performance of these measures.

## **Mississippi Substance Abuse Management Information System (MSAMIS)**

This system was developed to provide current information on consumers and the treatment provided to them in order to aid in the planning, management and evaluation of substance abuse treatment programs. The Bureau of Alcohol and Drug Abuse provides an instruction manual for utilization of the MSAMIS to the service providers. The manual includes data definitions and requirements for the collection and transmission of all data items pertaining to clients. The Department of Mental Health, Division of Information Systems works closely with BADA collecting data regarding services from the alcohol and drug abuse free-standing, nonprofit providers.

All data (hard copies, diskettes and CDs) received by the Bureau of Alcohol and Drug Abuse is reviewed for quality assurance by a staff member and the information from the hard copies is entered into the central system. The data from the diskettes or CDs is submitted to the Division of Information Systems. Also, the DMH is in the process of integrating federal minimum data sets for alcohol (Treatment Episode Data Set {TEDS}) and mental health services within a statewide information management system. TEDS contains information on substance abuse treatment admissions that is routinely collected by States in monitoring substance abuse treatment programs. Data items for each admission include demographic information, substances of abuse, and information on prior treatment episodes and the treatment plan. TEDS now includes a discharge data set as well. Implementation of the statewide information management system is ongoing. The Bureau of Alcohol and Drug Abuse continues to collaborate with the DMH, Division of

Information Systems, in order to improve the quality and expediency of substance abuse data collection.

## **Employee Assistance Programs Services**

An employee assistance program (EAP) is a worksite-based program designed to assist in the identification and resolution of productivity problems associated with employees impaired by personal concerns including, but not limited to: family, marital, health, financial, alcohol, drug, legal, emotional, stress, or other personal concerns which may adversely affect employee job performance. The Department of Mental Health, Bureau of Alcohol and Drug Abuse provides information and technical assistance to other state agencies and organizations interested in planning or developing employee assistance programs.

Specific objectives include: (1) assisting other agencies and organizations in planning and developing an EAP and providing guidance throughout the process, as requested; (2) working as an advocate for EAP services and with community organizations, agencies, and institutions to solicit participation in EAPs so the adequate resources are available for proper delivery of services to program participants; and (3) working with agency management and other administration officials to coordinate EAP activities and to resolve problems or issues that impair the effectiveness and efficiency of the program.

The Department of Mental Health Employee Assistance Program Handbook has been updated and distributed to organizations and agencies upon requests. DMH contracts with St. Dominic's Psychiatric Associates, to provide EAP services for mental health employees and their families. The Mental Health EAP coordinator works closely with the counseling staff to ensure the needs of the Department's employees and their families are met. The EAP coordinator also provides training and technical assistance to local and state entities who are interested in developing a program.



**ALCOHOL AND DRUG ABUSE SERVICES  
GOALS AND OBJECTIVES  
FY 2010**

**Substance Abuse Prevention Services**

The Bureau of Alcohol and Drug Abuse will spend at least 20 percent of the Substance Abuse Prevention and Treatment Block Grant to educate and counsel individuals on substance abuse, provide prevention public awareness activities to reduce the risk of such abuse by the individuals and give priority to programs for populations that are at risk of developing a pattern of such abuse.

**Goal:** Revise and implement a statewide plan to provide effective substance abuse prevention services for all citizens of the State.

**Objective:** To implement a new State Strategic Prevention Framework Plan for providing prevention services to include objectives for workforce development, implementation of evidence-based prevention and evaluation.

**Strategy/  
Indicator:** The Bureau of Alcohol/Drug Abuse staff implemented a new State Strategic Prevention Framework Plan which was developed with input from DMH Prevention Services staff; alcohol, tobacco and drug (ATOD) abuse Prevention Coordinators, the Executive Prevention Council (MEPC) and technical assistance and feedback provided by Center for Substance Abuse Prevention (CSAP). This plan became effective October 1, 2006. Bureau staff will continue to review the plan quarterly and make revisions.

**Funding:** Federal, State, and/or Local

**Timeline:** Quarterly Updates

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**Objective:** To administer the State Prevention Framework State Incentive Grant (SPFSIG) awarded to BADA in October 2006, in order to build our capacity to develop and implement a comprehensive substance abuse prevention system in Mississippi.

**Strategy:** BADA's priorities for the SPF SIG include: (1) developing and implementing a strategy to coordinate, leverage and/or redirect appropriate legally permissible and relevant substance abuse funding streams and programs; (2) developing and implementing a comprehensive, long-range prevention system filling existing gaps with evidence-based programming; and (3) measuring progress in reducing substance abuse.

**Indicator:** Progress reports submitted to CSAP.

**Funding:** State Incentive Cooperative Agreement and SAPT Block Grant.

**Timeline:** Quarterly

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**Objective:** To increase communication and collaboration between the bureau and prevention professionals from programs funded and/or certified by DMH.

**Strategy:** The bureau will host and facilitate biannual meetings to address the latest technology and national and state initiatives in the field of prevention. Program personnel will be given the opportunity to showcase activities or programs to their colleagues.

**Indicator:** Summary Report by the Bureau of Alcohol and Drug Abuse in regard to meetings where activities and programs were showcased.

**Funding:** SAPT Block Grant and State

**Timeline:** 2<sup>nd</sup> and 4<sup>th</sup> Quarter

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**Objective:** To provide technical assistance to prevention program personnel upon request.

**Strategy:** The Bureau of Alcohol and Drug Abuse will provide technical assistance on-site to Community Mental health Centers and Free-Standing Programs upon request or as initiated by the bureau if indicated as necessary by quarterly reports, annual progress reports, or on-site monitoring.

**Indicator:** The number of technical assistance sessions provided by the Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant and State

**Timeline:** Ongoing

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**Objective:** To increase the knowledge and awareness of workforce professionals and other social service personnel on current issues in substance abuse prevention.

**Strategy:** Prevention personnel will conduct trainings on current topics related to substance abuse prevention at statewide or regional conferences such as the Annual summer School offered through Jackson State University, Mental Health/Intellectual and Developmental Disabilities Conference, and the Annual Juvenile Justice Conference. Prevention personnel will also host the Mississippi School for Addiction Professionals. Programs funded or certified by DMH will be encouraged to attend and/or present at conferences. A current listserv will be maintained by BADA to communicate technology from prevention professionals from around the country to our community-based providers in Mississippi.

**Indicator:** Summary of training provided by prevention personnel quarterly.

**Funding:** SAPT Block Grant and State

**Timeline:** Quarterly

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**Objective:** To maintain the current network of substance abuse prevention service providers across the state.

**Strategy:** DMH Bureau of Alcohol/Drug Abuse will continue to fund prevention activities, statewide. These activities will continue to be provided through the 15 community mental health/mental retardation centers and 14 free-standing programs. Prevention programs will continue to utilize at least three of the six prevention strategies established by Center for Substance Abuse (CSAP), the DMH's federal funding source. These strategies include:

1. Information Dissemination
2. Education
3. Alternatives
4. Problem Identification and Referral
5. Community-Based Process
6. Environmental

All prevention programs will submit activities monthly to the bureau electronically using Version 2 of *SureTool*, an Internet prevention database developed and made available by Dream, Inc. through a contract with the Bureau of Alcohol and Drug Abuse. The information received through the database includes specific activities, responsible staff, location, type of activity (approved, promising, model),-strategy utilized, number of participants and participant demographic information.

**Indicator:** Quarterly progress reports will be submitted to the Prevention Services Director by the SureTool Coordinator describing the programs' activities, strategies, progress and accomplishments. Documentation will be kept that programs have implemented these activities, based on monitoring conducted during regularly scheduled biannual on-site visits.

**Funding:** SAPT Block Grant and SPF SIG

**Timeline:** Quarterly

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**Objective:** The State will work with selected community subrecipients to implement evidence-based prevention programs.

**Strategy:** Prevention programs which submitted a Request for Proposal (RFP) and were funded were required to implement at least one effective evidence-based curriculum spending at least 20% of direct service hours dedicated to the implementation of an evidence-based curriculum. The type of program (effective or model) is determined by the list developed by the National Registry of effective Programs (NREP). Information collected with the SureTool includes process data such as intervention, dosage and the number and demographic characteristics of persons served. Bureau of Alcohol and Drug Abuse staff will conduct site reviews annually which will ensure compliance with the Operational Standards for Community Mental Health/Intellectual and Developmental Disabilities Services and programmatic visits to monitor program implementation. Programs will submit quarterly reports describing progress made toward achieving outcomes and objectives and documenting activities of evidence-based programs including any fidelity or adaptation issues encountered during implementation.

**Indicator:** Quarterly progress reports will be submitted to Prevention Services Division by the SureTool Coordinator indicating the number of programs utilizing evidence-based curricula and the number of persons who complete an evidence-based curriculum.

**Funding:** SAPT Block Grant, State Incentive Grant, SPF SIG and Local

**Timeline:** Quarterly

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**Objective:** To insure that each community mental health center employs a full-time prevention staff member.

**Strategy:** The bureau will maintain current funding for the 15 community mental health centers.

**Indicator:** The number of community mental health centers which employ a full-time prevention staff member.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To increase the number of certified prevention professionals employed at programs funded or certified by DMH.

**Strategy:** Through contract, the bureau will offer courses required by the certifying body at no charge to participating personnel from programs funded or certified by DMH. The courses will be offered twice on different dates and the bureau tracked the number of personnel trained.

**Indicator:** Summary of the number of personnel from DMH certified and/or funded programs trained and certified as prevention professionals.

**Funding:** SAPT Block Grant

**Timeline:** Quarterly

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**Objective:** To provide 40 hours of prevention training based on a curriculum from the Western Center for the Applied Prevention Technology (CAPT).

**Strategy:** The prevention coordinators from each of the 15 regional community mental health centers and at least one staff member from the free-standing prevention programs will be required to complete this training. Two 40-hour training sessions will be available in separate geographical areas of the state allowing easier access for all programs. The bureau will provide financial support to assist in allowing as many staff to attend as possible.

**Indicator:** Documentation that staff attended these trainings will be collected through a written record of attendance at the trainings.

**Funding:** SAPT Block Grant

**Timeline:** 2<sup>nd</sup> and 4<sup>th</sup> Quarter

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**Objective:** To provide opportunities for continuing education to prevention personnel who have completed the 40 hour CAPT training to maintain an effective and trained prevention workforce, statewide.

**Strategy:** BADA will provide opportunities for training at no cost to attendees from programs funded or certified by the bureau. Prevention Coordinators who have completed the 40 hour CAPT training will be required to complete 15 hours of continuing education.

**Indicator:** Documentation that staff attended these training sessions will be collected through a written record of attendance at the training.

**Funding:** SAPT Block Grant and the Southeast CAPT

**Timeline:** Ongoing

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**Objective:** Prevention program personnel from all programs within each of the 15 mental health regions will participate in required quarterly meetings to facilitate communication, coordination, and collaboration among the providers in an effort to improve the efficiency and quality of all programs.

**Strategy:** The community mental health center prevention coordinator in each mental health region will coordinate these meetings on a rotating basis.

**Indicator:** Agendas, attendance sheets and other required information will be submitted to the Bureau of Alcohol and Drug Abuse along with annual progress reports.

**Funding:** SAPT Block Grant and SPF SIG

**Timeline:** 4<sup>th</sup> Quarter

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### **Tobacco Use Prevention**

**Objective:** To educate employees of retailers licensed to sell tobacco products on the MS Juvenile Tobacco Access Prevention Act of 1998.

**Strategy:** The DMH, Bureau of Alcohol and Drug Abuse Request for Proposal (RFP) continues to require that all programs conduct 25 merchant education trainings in their region. Regions that contain more than one funded program should divide the 25 programs to eliminate the possibility of

duplication. Training on how to conduct merchant education will be provided by a DMH contractor.

**Indicator:** Documentation in quarterly report by the SureTool Coordinator of the number of CMHCs meeting the above training requirements.

**Funding:** SAPT Block Grant

**Timeline:** Quarterly

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**Objective:** To prevent the initiation of tobacco use by the implementation of policies, practices and programs targeting tobacco use by youth.

**Strategy:** The DMH staff will serve on the Mississippi's Comprehensive Tobacco Control and Treatment Strategic Planning Committee. This committee consists of best practices, guidelines and recommendations in having a comprehensive tobacco control program. Objectives and goals in the five-year plan surround the Center for Disease Control's four goal areas: eliminating exposure to environmental tobacco smoke, preventing the initiation of tobacco by youth, access to cessation resources for adults and youth and the development of an infrastructure for tobacco, prevention.

**Indicator:** Development of a final plan (MS Comprehensive Tobacco Control and Treatment Strategic Plan). Participation by prevention services staff at all committee meetings and in the development and implementation of the plan.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Goal:** To reduce /prevent/delay marijuana use by youth through implementation of a targeted marijuana initiative.

**Objective:** Prevention Services will develop and implement programs, policies and practices targeting the prevention of marijuana use by youth.

**Strategy:** The Department of Mental Health, Bureau of Alcohol and Drug Abuse required in FY 2007 Request for Proposal (RFP) that each subrecipient initiate a program targeting marijuana use by youth. The DMH researched and identified the best evidence-based marijuana use by youth program. This information was made available to subgrantees and DMH prevention services

staff assisted them in selecting the most appropriate model for their community based on their community needs and resources.

**Indicator:** Quarterly reports submitted to Prevention Services Division by SureTool Coordinator.

**Funding:** SAPT Block Grant

**Timeline:** Quarterly

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**Goal:** To reduce/prevent/delay alcohol use by youth through implementation of a targeted Underage Drinking Initiative.

**Objective:** The BADA Prevention Services will develop and implement an underage drinking campaign for statewide implementation.

**Strategy:** The RFP required all subrecipients to implement an underage drinking campaign within their community. DMH Prevention staff researched and identified best evidence-based underage drinking campaigns. This information was made available to the subrecipients and prevention staff assisted them in selecting the most appropriate model for their community based on their community needs and resources. This strategy was aimed at changing attitudes as well as changing community ordinances, regulations, legislation and public policy to prevent the sale of alcohol beverages. Implementation began April 1, 2007 and is ongoing. Staff will continue to participate on the Mississippians Advocating Against Underage Drinking (MAAUD). BADA will maintain funding for 21 community-based agencies targeting underage drinking. Also, continue providing funding for a state level Underage Drinking Coordinator.

**Indicator:** Development of the RFP to include requirements and the implementation of campaigns within communities and be reported in annual progress reports.

**Funding:** SAPT Block Grant and SPF SIG

**Timeline:** Ongoing

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**Goal:** To reduce/prevent/delay methamphetamine use through implementation of a Prescription Drug Use Initiative.

**Objective:** To develop a specialized statewide prevention initiative focused on reducing the recent growing trend of methamphetamine use/abuse.



**Strategy:** The RFP required all subrecipients to implement an initiative on prescription drug use/abuse level. The goal is to decrease the prevalence of this problem by increasing community and state awareness of prescription drug abuse. Implementation began on April 1, 2009.

**Indicator:** Development of the RFP to include requirements and the implementation of the initiative within communities and be reported in annual progress reports.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Goal:** Create a Culturally Competent service delivery system.

**Objective:** To develop culturally competent programs, practices and policies.

**Strategy:** All funded agencies are required to incorporate cultural competence within their memorandum of understanding. BADA will continue to encourage all funded agencies to utilize the Cultural Competence self-test.

**Indicator:** Submission RFP requirements include addressing cultural competence in annual RFP application.

**Funding:** SAPT Block Grant and SPF SIG

**Timeline:** Ongoing

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## **Substance Abuse Rehabilitation/Treatment Services**

**Goal:** To provide a statewide continuum of comprehensive, accessible and affordable community-based substance abuse treatment services identified by the state that meet the person-centered needs of individuals.

### **Community-Based Primary Residential Services**

**Objective:** To maintain primary residential treatment services for adult males.

**Strategy:** Services will be provided through community mental health centers and free-standing programs. The DMH's Bureau of Alcohol and Drug Abuse will continue to certify and provide funding to support community-based primary

residential treatment programs for adult males in the fourteen (14) CMHCs. Ten (10) free-standing programs are certified by the DMH, making available twenty-four (24) primary residential substance abuse treatment programs located throughout the 15 community mental health regions.

**Indicator:** The number of primary residential treatment programs for adult males certified and/or funded by the DMH, Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant, SSBG, Three Percent Alcohol Tax, State General funds

**Timeline:** Ongoing

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**Objective:** To maintain current programs and expand primary residential treatment services for adult females, giving first priority to pregnant women.

**Strategy:** Services will be provided through community mental health centers and free-standing programs. The DMH's Bureau of Alcohol and Drug Abuse will continue to certify and provide funding to support fourteen (14) community-based primary residential treatment programs for adult females. Two of the fourteen (14) programs serve pregnant and parenting women. Nine (9) free-standing programs are certified by the DMH, making available twenty-three (23) primary residential substance abuse treatment programs located throughout the 15 community mental health regions. Service contracts made with DMH funded substance abuse treatment programs include an assurance that states pregnant women will be given first priority for substance abuse treatment services and must be signed by the service provider. Also, DMH funded substance abuse treatment programs will submit a written report to the BADA on a monthly basis indicating the number of pregnant women served by the program.

**Indicator:** The number of primary residential treatment programs for adult females certified and/or funded by the DMH's Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant, SSBG, Three Percent Alcohol Tax and State

**Timeline:** Ongoing

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**Objective:** To maintain specialized primary residential services designed specifically for pregnant women and women with dependent children.

**Strategy:** Services will be provided through community mental health centers and free-standing programs. The DMH, Bureau of Alcohol and Drug Abuse will

continue to certify and provide funding to support two existing primary residential treatment programs specifically designed for pregnant women and women with dependent children. In addition to substance abuse treatment, these specialized primary residential programs will provide the following services: 1) primary medical care; prenatal care and child care; 2) primary pediatric care for their children including immunizations; 3) gender specific substance abuse treatment and other therapeutic interventions for women that may address issues of relationships, sexual and physical abuse, parenting, and child care, while the women are receiving these services; 4) therapeutic interventions for children in custody of women in treatment which may among other things address their developmental needs and their issues of sexual and physical abuse and neglect; 5) sufficient case management and transportation services to ensure that women and their children have access to the services provided by (1) through (4).

**Indicator:** The number of primary residential treatment programs specifically designed for pregnant women and women with dependent children certified and funded by the Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To maintain specialized primary residential treatment services for adolescents.

**Strategy:** Community-based primary residential treatment programs for adolescents with substance abuse problems will be provided through regional community mental health centers and free-standing programs. Adolescents who have co-occurring disorders (substance abuse/mental illness) will also be accepted in these programs. Two community-based residential treatment programs for adolescents, one for male adolescents and one for female and male adolescents with substance abuse problems and mental illness will continue to be certified and funded by the Bureau of Alcohol and Drug Abuse. Another program of this type, female and male is certified and funded by the Division of Children and Youth in the Department of Mental Health.

**Indicator:** The number of primary residential treatment programs for adolescents certified and/or funded by the Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant and SSBG

**Timeline:** Ongoing

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**Objective:** To continue providing treatment for substance abuse to inmates at the Mississippi Department of Corrections in Parchman.

**Strategy:** As part of the admission process, each new inmate is screened for alcohol and/or drugs. If initial screening results indicate abuse with alcohol and/or drugs, inmates will be referred to the penitentiary's alcohol/drug abuse treatment program. The state penitentiary will report the number of individuals admitted to their treatment program through this screening process to the DMH.

**Indicator:** The number of inmates who are screened and admitted to the penitentiary's substance abuse treatment program as reported to the DMH's Bureau of Alcohol and Drug Abuse.

**Funding:** State Three Percent Alcohol Tax

**Timeline:** Ongoing

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#### **Community- Based Transitional Residential Services**

**Objective:** To maintain current programs and expand transitional residential treatment services for adult males.

**Strategy:** Services will be provided through community mental health centers and free-standing programs. DMH Bureau of Alcohol/Drug Abuse will continue to certify and provide funding to support nine (9) community-based transitional residential treatment programs for adult males in the CMHCs. The DMH also certifies twelve (12) free-standing transitional residential programs. Presently there are 21 transitional residential services offered to adult males.

**Indicator:** The number of transitional residential treatment programs for adult males certified and/or funded by the DMH's Bureau of Alcohol and Drug Abuse, and efforts to expand these services to other areas of the state.

**Funding:** SSBG, Three Percent Alcohol Tax and State

**Timeline:** Ongoing

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**Objective:** To maintain specialized transitional residential substance abuse treatment services for adult males with co-occurring disorders (mental illness and substance abuse).

**Strategy:** The DMH has awarded funding to a community-based transitional residential treatment facility for adult males diagnosed with a co-occurring disorder. These individuals, primarily drawn from the Mississippi State Hospital population, are ready to leave the hospital but still require a supported living environment.

**Indicator:** Continued funding from the DMH's Bureau of Alcohol and Drug Abuse to maintain one transitional residential treatment program for co-occurring adult males.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To maintain current programs and expand transitional residential treatment services for adult females, giving first priority to pregnant women.

**Strategy:** The DMH Bureau of Alcohol and Drug Abuse has set funding of this objective as a priority. Services will be provided through regional community mental health centers and free-standing programs. The DMH's Bureau of Alcohol and Drug Abuse will continue to certify and provide funding to support nine (9) community-based transitional residential treatment programs for adult females. The DMH also certifies seven (7) free-standing programs. Presently, transitional residential services are offered through 16 programs for adult females. Service contracts made with DMH funded substance abuse treatment programs include an assurance that the state's pregnant women population will be given first priority for substance abuse treatment services. Also, DMH funded substance abuse treatment programs will submit a written report to the BADA on a monthly basis indicating the number of pregnant women served by the program.

**Indicator:** The number of transitional residential treatment programs for adult females certified and/or funded by the DMH Bureau of Alcohol and Drug Abuse, and efforts to expand these services to other areas of the state.

**Funding:** SAPT Block Grant, SSBG, Three Percent Alcohol Tax and State

**Timeline:** Ongoing

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**Objective:** To continue providing transitional residential substance abuse treatment services for women recently released from correctional facilities. (Included in original count of transitional residential programs for women in previous objective)

**Strategy:** Services will be provided through a free-standing nonprofit organization. The DMH Bureau of Alcohol and Drug Abuse will continue to certify and make available funding to support a specialized transitional substance abuse treatment program for women transitioning from correctional facilities. This program also serves women and pregnant women as well from the community who are not incarcerated at a correctional facility.

**Indicator:** Continued funding from the DMH's Bureau of Alcohol and Drug Abuse for transitional residential services for women transitioning from correctional facilities.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To maintain and expand specialized transitional residential services designed specifically for pregnant women and women with dependent children.

**Strategy:** Services will be provided through community mental health centers and/or free-standing programs. The DMH, Bureau of Alcohol and Drug Abuse will continue to certify and provide funding to support two existing transitional residential treatment programs specifically designed for pregnant women and women with dependent children. Additionally, the BADA will add beds, specifically for pregnant women, to an existing transitional program. There will be a special emphasis placed on teaching parenting skills in this program. In addition to substance abuse treatment, these specialized transitional residential programs will provide the following services: 1) primary medical care; prenatal care and child care; 2) primary pediatric care for their children including immunizations; 3) gender specific substance abuse treatment and other therapeutic interventions for women that may address issues of relationships sexual and physical abuse and parenting, and child care while the women are receiving these services; 4) therapeutic interventions for children in custody of women in treatment which may among other things address their developmental needs and their issues of

sexual and physical abuse and neglect; 5) sufficient case management and transportation services to ensure that women and their children have access to the services provided by (1) through (4).

**Indicator:** The number of specialized transitional residential programs for pregnant women certified and funded by the DMH's Bureau of Alcohol and Drug Abuse, and efforts to expand and improve these services.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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### Community-Based Outpatient Services

**Objective:** To maintain general outpatient services (individual, group, family, etc.) in all 15 community mental health center regions.

**Strategy:** Outpatient substance abuse treatment services will be provided by community mental health centers and free-standing programs. DMH Bureau of Alcohol and Drug Abuse will continue to certify and fund general outpatient substance abuse treatment services in all fifteen (15) community mental health centers and certify ten (10) free-standing programs.

**Indicator:** The number of programs that receive funding and/or certification from the DMH Bureau of Alcohol and Substance Abuse to provide outpatient substance abuse services.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To maintain the provision of intensive outpatient services (IOP) for adults.

**Strategy:** Intensive outpatient treatment programs will be provided by community mental health centers and free-standing programs. The DMH Bureau of Alcohol and Drug Abuse will continue to certify and provide funding for 12 IOPs in the 15 community mental health centers and certify ten (10) adult free-standing IOPs.

**Indicator:** The number of Intensive Outpatient Programs certified and/or funded by the DMH Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To maintain specialized intensive outpatient services for adolescents.

**Strategy:** Intensive outpatient (IOP) treatment programs for adolescents will be provided by one (1) certified/funded free-standing program and one (1) certified free-standing program. Two 10-15 week IOP treatment programs for adolescents will be maintained.

**Indicator:** Continued funding by the DMH Bureau of Alcohol and Drug Abuse for specialized intensive outpatient services for adolescents.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To maintain specialized day treatment services for female inmates at the Rankin County Correctional Facility.

**Strategy:** Services will continue to be provided through a free-standing substance abuse service provider. Four-hour group therapy sessions will be provided for women on site, four days per week.

**Indicator:** Continued funding by the DMH Bureau of Alcohol and Drug Abuse for a specialized day treatment program for female inmates.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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#### **Hospital-Based Inpatient Chemical Dependency Services**

**Objective:** To maintain inpatient chemical dependency units at two state psychiatric hospitals.

**Strategy:** The Bureau of Alcohol and Drug Abuse will continue to provide funds to the adult male and female chemical dependency units at Mississippi State Hospital. The Bureau will continue to provide funding for the Residential Detoxification Program at East Mississippi State Hospital as well as certify a



non-funded twenty-five (25) bed unit for adult males and 10 beds for adolescents (which also serves those with co-occurring disorders) located at the Bradley A. Sanders Adolescent Complex.

**Indicator:** The number of hospital-based chemical dependency programs funded.

**Funding:** State and Three Percent Alcohol Tax

**Timeline:** Ongoing

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## **Substance Abuse Therapeutic Support Services**

**Goal:** To provide a comprehensive, easily accessible network of support services that contribute to the quality of substance abuse treatment programs, provide services for specific populations, and aid individuals in maintaining sobriety after they are no longer receiving formal substance abuse treatment.

### **Community-Based Outreach/Aftercare Services**

**Objective:** To maintain statewide alcohol and drug abuse outreach/aftercare services.

**Strategy:** Services will be provided through fourteen (14) community mental health centers and eighteen (18) free-standing programs and 1 adolescent program.

**Indicator:** Evidence, based on monitoring activities of the Bureau of Alcohol and Drug Abuse, that aftercare/outreach services are provided in the 15 CMHC regions.

**Funding:** SAPT block Grant and/or State Three Percent Alcohol Tax

**Timeline:** Ongoing

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**Objective:** To continue providing substance abuse outreach services to older adults and to those who have dementia.

**Strategy:** Services will be provided through the 15 Community Mental Health Centers utilizing program flexibility with various treatment options.

**Indicator:** Evidence, based on BADA monitoring activities that these services are provided by the 15 CMHCs.

**Funding:** SAPT Block Grant and/or Three Percent Alcohol Tax

**Timeline:** Ongoing

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#### **Co-Occurring Services**

**Objective:** Treatment services will continue to be provided for individuals with co-occurring disorders (mental illness and substance abuse)) in all 15 community mental health center regions.

**Strategy:** The Bureau of Alcohol and Drug Abuse will continue to allocate funds to each of the 15 regional community mental health centers specifically earmarked for the provision of substance abuse treatment services for individuals with co-occurring disorders (mental illness and substance abuse) as well as staff training regarding the provision of these services.

**Indicator:** The number of CMHCs in which specialized services for individuals with co-occurring disorders are provided.

**Funding:** SAPT Block Grant and State

**Timeline:** Ongoing

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## **DUI Diagnostic Assessment Services**

**Objective:** To continue making available substance abuse DUI Diagnostic Assessment services to multi-offenders.

**Strategy:** The DMH will continue to apply the operational standards to certify interested agencies in providing DUI Diagnostic Assessment services for individuals convicted of second and subsequent DUI offenses. The purpose of this service is to maintain compliance with Mississippi's Implied Consent Law and to evaluate the multi-offender's need for substance abuse treatment. After the DUI assessment process is complete, if treatment is warranted, the individual will be referred to a certified substance abuse treatment program for services. DUI Diagnostic Assessment services will continue to be available in the 15 community mental health centers and seventeen (17) free-standing substance abuse treatment programs.

**Indicator:** The number of CMHCs and free-standing programs that provide DUI Diagnostic Assessment services.

**Funding:** State and/or Federal

**Timeline:** Ongoing

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**Objective:** To continue making available substance abuse treatment services to multi-offenders.

**Strategy:** Substance abuse treatment services will continue to be available through the existing system (i.e., community mental health centers and free-standing substance abuse treatment programs.) If treatment is required and successfully completed, multi-offenders will be eligible to receive a reduction in their driver's license suspension time.

**Indicator:** Availability of funding from the DMH Bureau of Alcohol and Drug Abuse to support community-based substance abuse services for individuals referred through the DUI diagnostic assessment network.

**Funding:** State and/or Federal

**Timeline:** Ongoing

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**Objective:** To continue evaluation of the impact of the MS Zero Tolerance Law on the need for DMH-funded DUI Diagnostic Assessment and treatment services for minors.

**Strategy:** Bureau of Alcohol and Drug Abuse staff will review the number of second and subsequent adolescent DUI offenders whose “Certification of DUI In-Depth Diagnostic Assessment and Treatment Program Completion” forms are processed through the Bureau. This required form is used by programs that are certified by the DMH to conduct DUI assessments and provide substance abuse treatment for DUI offenders. Documentation of an individual’s completion of this process provides the opportunity for license reinstatement through the Mississippi Department of Public Safety. The Bureau will also collect information regarding new programs which address the adolescent DUI first-offender population from the Mississippi Alcohol and Safety Education Program (MASEP), the organization responsible for the provision of statewide educational programs for court-ordered DUI first offenders. Additionally, the Bureau will obtain adolescent DUI arrest record information from the Department of Public Safety (DPS), Office of Highway Safety (OHS).

**Indicator:** Maintenance and review of copies of adolescent DUI offender “Certification of DUI In-Depth Diagnostic Assessment and Treatment Program Completion” forms that are processed through the Bureau and records of related information obtained from the DPS/OHS and MASEP.

**Funding:** State and/or Federal

**Timeline:** Ongoing

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**Objective:** To ensure that Department of Mental Health telephone help-line numbers (toll-free and local) are made available to convicted multi-offenders.

**Strategy:** Staff from the Bureau of Alcohol and Drug Abuse will continue to work with the Department of Mental Health, Office of Constituency Services and the Department of Public Safety, Office of Driver Improvement to monitor the number of DUI assessment referrals. This information will be collected and evaluated on a regular basis to determine if DUI clients are utilizing the help-line numbers.

**Indicator:** Evaluation and summary of utilization of the OCS Help-line by DUI clients.

**Funding:** State

**Timeline:** Ongoing

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**Objective:** To continue to facilitate training in the BADA adopted uniform substance abuse diagnostic assessment instrument, a required component of the

**Comprehensive DUI Diagnostic Assessment process, to be utilized by DUI diagnostic assessment providers.**

**Strategy:** The Bureau of Alcohol and Drug Abuse will continue to facilitate training to DUI Assessment providers, statewide. All new service provider personnel who conduct DUI Diagnostic Assessments must receive training and become certified in the use of this instrument.

**Indicator:** The number of service provider personnel who receive training on the uniform diagnostic assessment instrument.

**Funding:** State

**Timeline:** Ongoing

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**Objective:** To improve the Bureau of Alcohol and Drug Abuse's in-house system for tracking documentation received from DUI assessment and treatment service providers (concerning consumers who have completed the requirements to receive a shorter license suspension time.)

**Strategy:** The BADA will facilitate the development of a database program into which all information received from DUI assessment and treatment service providers will be entered. Additionally, each step of the in-house process will be entered including the date the information is received, all steps involved in the in-house processing of the information and the date forwarded to the Highway Patrol, Division of Public Safety. One staff member will be in charge of the data input; however, the remaining staff will be able to review the information on their computers to answer telephone inquiries from individuals requesting the status of their information.

**Indicator:** Summary by the Bureau of Alcohol and Drug Abuse on improvements made to this tracking system.

**Funding:** State

**Timeline:** Ongoing

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### **Vocational Rehabilitation Services**

**Objective:** To continue the partnership with vocational services in integrating substance abuse services for eligible individuals.

**Strategy:** The DMH Bureau of Alcohol and Drug Abuse and the Department of Rehabilitation Services, Office of Vocational Rehabilitation will continue to participate in an interagency effort to integrate vocational services and substance abuse treatment for individuals with alcohol and/or drug abuse diagnoses who are also eligible for VR services. These services are provided through contracts between the Office of Vocational Rehabilitation and local providers of substance abuse services.

**Indicator:** At a minimum, contracts for provision of services will be in effect between the Office of Vocational Rehabilitation and each of the existing transitional residential treatment programs (for specified funding levels and services).

**Funding:** Funds generated by the state's Three-Percent Alcohol Tax will be matched by Vocational Rehabilitation federal funds.

**Timeline:** Ongoing

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#### **Tuberculosis and HIV/AIDS Assessment/Educational Services**

**Objective:** To routinely make available tuberculosis assessment and treatment services to each individual receiving treatment for substance abuse.

**Strategy:** All clients receiving any type of substance abuse treatment service at programs certified by the DMH will be assessed for the risk of tuberculosis and receive testing and additional needed services, if determined to be at high-risk. If clients are housed in a residential setting, transportation is provided to location where the assessment is being conducted. Additionally, clients will continue to receive educational information and materials concerning TB either in an individual or group session during the course of treatment. Client records will continue to be monitored routinely for documentation of these activities by Bureau of Alcohol and Drug Abuse staff.

**Indicator:** Evidence, based on monitoring activities of the Bureau of Alcohol and Drug Abuse, that program providers are in compliance with this service requirement.

**Funding:** State and/or Federal

**Timeline:** Ongoing

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**Objective:** To provide HIV/AIDS early intervention services to individuals receiving substance abuse treatment.

**Strategy:** All clients receiving any type of substance abuse treatment service in programs certified by the DMH be assessed for the risk of HIV/AIDS and, provide counseling to all clients who elect to receive HIV/AIDS testing. Additionally, clients will continue to receive educational information and materials concerning HIV/AIDS either in an individual or group session during the course of treatment. Client records will continue to be monitored routinely for documentation of these activities by the Bureau of Alcohol and Drug Abuse staff.

**Indicator:** Evidence, based on monitoring activities of the Bureau of Alcohol and Drug Abuse, that program providers are in compliance with this requirement.

**Funding:** State and/or Federal

**Timeline:** Ongoing

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## **Referral Services**

**Objective:** To continue to publish, up-date biennially and distribute, at no charge, the Mississippi Alcohol and Drug Prevention and Treatment Resources directory.

**Strategy:** The DMH, BADA, will continue to distribute the 2009 - 2010 edition of the MS Alcohol and Drug Prevention and Treatment Resources directory, which includes, but is not limited to, all substance abuse programs certified by the DMH. The directory is used for reference and to make referrals to substance abuse prevention and treatment services across the state.

**Indicator:** Updating and distribution of the resource directory.

**Funding:** Three Percent Alcohol Tax

**Timeline:** Ongoing

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**Objective:** To continue collaboration with the DMH, Office of Constituency Services to serve individuals seeking substance abuse treatment.

**Strategy:** The Bureau of Alcohol and Drug Abuse will receive quarterly reports from the Office of Constituency Services indicating the number, types, and locations of calls received via its state-wide toll-free telephone number. This information will be utilized to determine types and quantity of services needed in different areas throughout the state.

**Indicator:** Summary of collaborative efforts between the Office of Constituency Services and the Bureau of Alcohol and Drug Abuse.

**Funding:** State

**Timeline:** Ongoing

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## **Other Substance Abuse Prevention and Treatment Support Services**

**Goal:** To enhance the statewide system of substance abuse services through collaboration with other agencies, facilitation of training opportunities and continuing evaluation of service needs.

### **Collaboration with Other Service Systems**

**Objective:** To continue participating in interagency committees, task forces and other groups related to the planning, provision and/or evaluation of alcohol/drug prevention and treatment services.

**Strategy:** Bureau of Alcohol/Drug Abuse Services staff will remain active (as requested) in relevant interagency committees, task forces and other groups through their attendance at regularly scheduled meetings and participation in related activities.

**Indicator:** List of interagency committees, task forces and groups in which Bureau of Alcohol and Drug Abuse staff participate.

**Funding:** Federal and/or State

**Timeline:** Ongoing

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**Objective:** To identify substance abuse treatment needs of women receiving public assistance through the Department of Human Service's Temporary Assistance for Needy Families program.

**Strategy:** The Bureau of Alcohol and Drug Abuse and the Department of Human Services will collaborate in this effort. Data collected will identify the treatment needs of women who are receiving TANF funding.

**Indicator:** Summary of collaborative efforts in which Bureau of Alcohol and Drug staff participate, related to the TANF program.

**Funding:** SAPT Block Grant and State



**Timeline:** Ongoing

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### **Bureau of Alcohol and Drug Abuse Advisory Council**

**Objective:** To collaborate with and facilitate communication with the Alcohol and Drug Abuse Advisory Council in developing and promoting substance abuse prevention and treatment programs.

**Strategy:** The Advisory Council will continue to meet with the Bureau of Alcohol and Drug Abuse staff on a quarterly basis. They will continue to serve on various committees, assist in developing the State Plan for Alcohol and Drug Abuse Services, and participate in the Peer Review process and encourage family support.

**Indicator:** Documentation of dates, meetings and summary of activities of the Advisory Council.

**Funding:** State

**Timeline:** Ongoing

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### **Substance Abuse Prevention and Treatment Quality Assurance Services**

**Goal:** To maintain high quality substance abuse prevention and treatment services.

#### **Certification and Monitoring**

**Objective:** To implement the Department of Mental Health Operational Standards for Community Mental Health/Intellectual and Developmental Disabilities Services which pertain to substance abuse prevention and treatment services.

**Strategy:** The DMH will continue to monitor the quality of services provided by DMH certified programs through regular on-site visits. The visits consist of reviewing the program's services in accordance with the requirements of the standards. If a program does not meet a particular standard, then it receives a deficiency from the DMH which is submitted in a written deficiency report. In turn, the program must submit a written plan of correction to the DMH for approval. The DMH conducts a follow-up visit to verify the program's implementation of its plan of correction. All DMH certified programs are visited by DMH central office personnel at least twice a year.

**Indicator:** The number of site visits conducted by Bureau of Alcohol and Drug Abuse.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To ensure that no program funded through the SAPT Block Grant uses funds to provide individuals with hypodermic needles or syringes which may be used for illegal drug consumption.

**Strategy:** Each service provider submits a detailed budget in their annual grant application to the DMH, BADA. No grants will be awarded to a service provider that designates funds to be utilized for the purchase of hypodermic needles or syringes. Additionally, all awarded funds are distributed to service providers through a cash reimbursement process. All cash requests are screened as they are received by the DMH for budgetary compliance. No service provider will be reimbursed for reported expenditures of hypodermic needles or syringes. Finally, all programs are fiscally and programmatically monitored by the DMH at least annually to determine compliance with grant and purchase of service agreements.

**Indicator:** Summary of findings related to compliance with grant and purchase of services.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To ensure that the State has a system in effect to protect consumer confidentiality.

**Strategy:** The Operational Standards for Community Mental Health/Intellectual and Developmental Disabilities Services provide extensive guidelines and regulations governing the compilation, storage and disclosure of client records that ensure clients' rights to privacy and confidentiality. This process is reviewed for compliance during regularly scheduled on-site monitoring visits by DMH staff. All DMH-certified programs are also required to provide annual training on confidentiality of client information and records. Documentation of this training is reviewed in personnel files during site/certification visits.

**Indicator:** Summary of findings related to compliance with consumer confidentiality standards by Bureau of Alcohol and Drug Abuse staff.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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#### **Peer Review**

**Objective:** To continue conducting peer reviews of A&D funded programs.

**Strategy:** Selected peer reviewers will oversee the review process during visits, with support being provided by DMH staff. The pool of reviewers is selected from the 15 community mental health centers, free standing programs, the Bureau of Alcohol and Drug Abuse Advisory Council which include family members of individuals who are in recovery. DMH staff will continue to provide orientation regarding the peer review process to new peer reviewers. An orientation manual of the peer review process will continue to be revised, as necessary. The DMH Bureau of Alcohol and Drug Abuse will continue to participate on the DMH Peer Review Advisory Group. Peer reviews for alcohol and drug abuse prevention and treatment programs will be conducted in conjunction with scheduled certification visits.

**Indicator:** Peer review reports will be written and submitted to programs at the completion of their certification visits.

**Funding:** State

**Timeline:** Ongoing

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#### **Consumer Grievances and Complaints Services**

**Objective:** To collaborate with the DMH Office of Constituency Services (OCS) in investigating and resolving consumer complaints and grievances which are received regarding substance abuse prevention and treatment programs.

**Strategy:** The DMH Office of Constituency Services will continue to receive consumer grievances and complaints via the DMH toll-free Help-line. This Office will also process and attempt to resolve complaints through formal and informal procedures. The DMH, Bureau of Alcohol and Drug Abuse will receive reports and assist in resolving problems, as needed.

**Indicator:** The nature/frequency of calls as tracked via computerized caller information and reporting mechanisms included in the information/referral software, and periodic reports from the OCS which summarize information regarding these calls.

**Funding:** State

**Timeline:** Ongoing

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#### **Performance Outcome Measures**

**Objective:** To comply with National Outcome Measures (NOMS) as mandated by the Center for Substance Abuse Prevention, a Bureau of SAMHSA.

**Strategy:** The DMH Bureau of Alcohol and Drug Abuse has established a data infrastructure in order to both develop and report performance indicators for alcohol and drug prevention and treatment services. BADA has initiated implementation of these measures as per federal guidelines.

**Indicator:** Implementation and reporting to CSAP.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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#### **Mississippi Substance Abuse Management Information System (MSAMIS)**

**Objective:** To continually improve the quality of data collection from DMH-funded substance abuse treatment providers.

**Strategy:** DMH Bureau of Alcohol and Drug Abuse staff will continue to provide technical assistance to funded substance abuse treatment providers in order to ensure the submission of timely, accurate and current service provider data. The DMH, Bureau of Alcohol and Drug Abuse will also continue to update and utilize the Bureau's data input system for entering Treatment Episode Data Set (TEDS) data, federally-mandated data standards.

**Indicator:** Summary of efforts to improve the substance abuse data collection system utilized by the DMH.

**Funding:** SAPT Block Grant and State

**Timeline:** Ongoing

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**Objective:** To ensure that service providers comply with CSAT guidelines related to treatment of intravenous drug users.

**Strategy:** The Bureau of Alcohol and Drug Abuse will continue to monitor the following CSAT requirements: 1) that programs, upon reaching 90% capacity, notify the BADA; 2) admit the individual to a program of such treatment not later than 14 days after making the request of admission; 3) if the individual cannot be placed within 14 days, they be offered interim services no later than 48 hours after the request until placement can be arranged; 4) admit the individual into an appropriate treatment program no later than 120 days after the date of the initial request; and, 5) carry-out outreach activities to encourage individuals in need of such treatment to obtain it. The Bureau will monitor these requirements through the utilization of the Bureau of Mental Health Capacity Management and Waiting List Form. All substance abuse programs must address and submit this form to the BADA in conjunction with their monthly cash reimbursement requests. The information received will identify utilization rate as well as the need for additional revisions of substance abuse treatment service provider programming and/or funding locations. Regarding outreach activities, the treatment programs are required to conduct and keep records of all outreach activities. These records are monitored by the BADA during on site visits.

**Indicator:** Number of programs providing services to intravenous drug users in accordance with CSAT requirements.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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**Objective:** To ensure that pregnant women be given preference in admission to treatment facilities.

**Strategy:** If a facility is unable to admit a pregnant woman due to insufficient capacity, it will make an immediate attempt to place her in another program of the same type in another location or find alternative substance abuse treatment and prenatal care. If the program cannot accomplish this within 24 hours, it will notify the Bureau of Alcohol and Drug Abuse. The Bureau will assist in locating appropriate services. The entire process will be completed within 48 hours of a woman's request for treatment. The Bureau of Alcohol and Drug Abuse will continue to monitor this CSAT requirement through the utilization of the Capacity Management and Waiting List Form. All substance abuse programs must address and submit this form to the BADA in conjunction with their monthly cash reimbursement requests. The information received will provide immediate information to the BADA if services are not available for a pregnant woman and ensure that she receives services in another facility or that interim services are made available for the client until proper services are available. This information will also provide the utilization rate as well as the need for additional or revisions to substance abuse treatment service provider programming and/or funding allocations.

**Indicator:** Summary of compliance by service providers with the above requirements.

**Funding:** SAPT Block Grant

**Timeline:** Ongoing

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## **Employee Assistance Programs Services**

**Goal:** To facilitate statewide development of Employee Assistance Programs (EAP).

**Objective:** To assist DMH employees and continue to provide technical assistance to state agencies and other organizations interested in planning and/or developing employee assistance programs.

**Strategy:** EAP Services contracted through St. Dominic's Psychiatric Associates will continue to provide services to Department of Mental Health employees and their families. The EAP Coordinator will work closely with St. Dominic's Psychiatric Associates in order to provide assistance where needed. The EAP Coordinator will also provide training and technical assistance to other state agencies and organizations in the planning and development of their Employee Assistance Programs.

**Indicator:** Documentation and summary of activities and accomplishments related to the development and improvement of employee assistance programs.

**Funding:** Three Percent Alcohol Tax

**Timeline:** Ongoing

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